



# The Woodlands Word @ Rivendell

January 2011

*Happy New Year - 2011*

Two people have volunteered to run for the  
Rivendell Board of Directors  
to fill two seats in the February 10, 2011 election.  
Please turn to page 5 for details.

## Landscape/Environmental Committee Tackles Irrigation Issues - Nov. 19 Meeting Minutes by Ken Heckert

**Preserve Contract** --Dave Gill will continue to work with *Beautiful Ponds* to obtain a contract with specifics. We have asked *Aquatic Systems* to submit a proposal in order to get a baseline comparison of services and price. After we receive this proposal we will make a decision as to whether to put the Preserves contract out for bids.

**Solar Irrigation** -- Denny Pavlock presented a report indicating that, for a variety of reasons, the solar irrigation is not functioning at any of the five ponds it was intended to serve. Only 4 of the 5 are installed. Denny received two proposals for irrigating the common areas in front of the lakes:

### A One Everything Electrical

- \$10,000 for solar installation with secure enclosures, plus \$560 labor for maintenance visits to all 5 lakes. \$20,000 to redo 5 lakes with FPL powered irrigation pumps.

### Sunbelt Electric

- \$30,516 to convert 3 lakes with FPL power and repair 2 with solar power. (They say the cost of FPL power is cost prohibitive at 2 of the lakes) \$325 for maintenance visits to 2 lakes with solar systems.

*Continues on page 4*

## Message from the President - January 2011

As we flip our calendars to 2011, here are some of the major issues that Rivendell homeowners and your Board are facing.

- Irrigation system
  - Should we repair and maintain the previously installed solar irrigation or should we replace it with FPL powered irrigation or should we just remove the solar and have no irrigation in those common areas?
  - Should we buy a second pump or attempt to coordinate the system with electric valves or just leave it the way it is?
  - Should we have a new pump shed built?
- Landscaping
  - Should we replace our landscape contractor?
  - Should we replace the grass on some of our common areas with Florida friendly ground cover?
  - Should we do any different landscaping on the rear banks of our ponds and lakes?
- Wetlands and Preserves

*Continues on page 4*



Cavities, Dry Mouth, Diabetic, overweight?

# Eat More Candy!

Dr. Greenspan has been a proponent of a naturally occurring sugar substitute Xylitol and has found that using Xylitol gum and candies helps to keep the mouth moist, sugar levels down, reduces appetite and has an anti microbial effect.

Xylitol has very low glycolic index so it's diabetic friendly and tolerated very well by almost everyone.

Richard J. Greenspan, a Sarasota dentist for over 18 years, knows the importance of good nutrition and true mind body awareness. For years he has been informing and educating patients about the importance of a healthy life style and good oral hygiene practices.

We welcome you to visit us at Palmer Ranch Dental for free samples of Xylitol gum and candy.

**Palmer Ranch Dental**  
8800 South Tamiami Trail,  
Sarasota, FL 34238  
941•966•5603

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*Rivendell*  
**RESIDENT & AGENT**

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*continued from page 1 "Committee Tackles Irrigation Issues"*

The committee decided to get an estimate for installing Bahia grass in front of those lakes where the grass is dead or dying. This option would not require irrigation. We will then compare the benefits and cost of all 3 options and make a decision.

**Landscape Issues** -- The water level in Rivendell Lake is very low, so water will be taken from the well in Rivendell Lake to begin to refill it in December. The well exists for this sole reason.

Grass and plants have died on some islands and streets. The irrigation along Rivendell Blvd. was turned off for several weeks during a dry September-October period, causing damage. Irrigation to Butterfly Park, between Mallard Marsh and Lost Creek, was not functioning due to a broken control unit, which has been repaired.

Ken Heckert conducted a walk-through with Nanak's irrigation specialist and mapped out the Rivendell irrigation zones with run times. There are 6 control units that regulate the irrigation of the community. Irrigation on the islands on Rainbow Point Way is not adequate for current mature plants, as water is being blocked by large Indian Hawthorns. Nanak is doing a review of the total need for irrigation improvements and will present an estimate of work required. ■

*continued from page 1 "Message From The President"*

- Should we hire a different company to maintain them?
- Covenants and Deed Restrictions
  - A committee is being established to recommend modernization and simplification changes to our governing documents. Ratification will require an effort to get an affirmative vote by 2/3 of our association members.
- Legal
  - We are currently responding to two separate discrimination investigations of the RCA by government agencies stemming from disputes with two different homeowners in 2009.
  - We are threatened with at least one major lawsuit -- again based on a 2009 dispute with homeowners.

Quoting Will Rogers: ***"Last year we said, 'Things can't go on like this', and they didn't, they got worse."***

My very best wishes for a healthy and prosperous new year. ■

*Sincerely,  
John Greco*

## KUDOS

Many thanks to our Block Captains and other volunteers who help keep Rivendell residents informed and our directory information current. We couldn't do it without them! Be sure to say "thanks" next time you see them.



ROSEANNE BEATTY  
AUDREY BOLTON  
MARGARET FLYNN  
SALLY HAWKINS  
ROSA JONES  
TOM MAYNARD  
DENNIS PAVLOCK  
JANET ROMIG  
KATHI SCHNEIDER  
BARBARA VALDAHL

ROZ BERGMAN  
BILL BRENNER  
CAROL GATHY  
CAROL HECKERT  
MARY KENNEDY  
JOAN MOSCOE  
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ALLEN ROETER  
JACK TERRY  
NANCY WETTLAUER

JANET BERNTSEN  
RUTH CALLAHAN  
JANET HALL  
KEN HECKERT  
CHARLES KIBLINGER  
JEANNETTE MUNGER  
FRED RHINES  
MIRINDA ROY  
DIANE TOMER  
DEBORAH YOHN

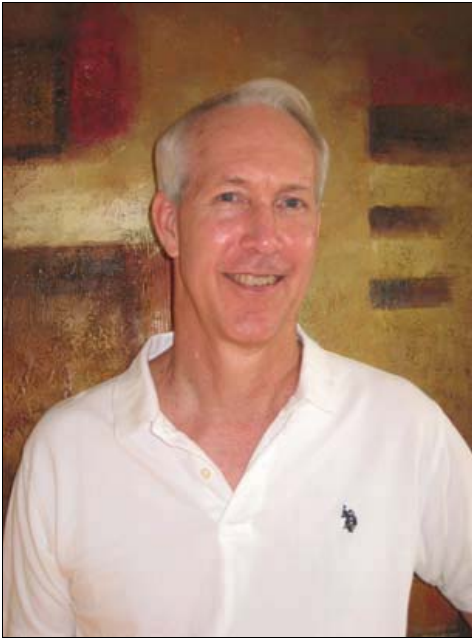
*The Block Captains and Volunteers help us keep our ducks in a row ☺*

# Thank You!





## MEET THE CANDIDATES



### BOBBY MERRILL

I have been serving as an appointed board member and am running for a full term. I see the role of the Board as working to serve the residents. I will listen to all sides of an issue and make a decision based on the best interests of the community. I believe that our deed restrictions should be fairly and consistently enforced. The board should work with residents to solve problems and not rely on lawyers to tell us what to do. I would like to see the board focus on keeping the community running smoothly so the irrigation works properly, the grass and landscaping are properly maintained, and the lakes are kept in good shape. My background and experience will help in this regard.

I have been a Rivendell resident since 2000. My company, Merrill Brothers Homes, Inc. built many of the homes in the Cottages section of Rivendell. I am familiar with homeowner association issues, having developed and built numerous communities in the Sarasota/Bradenton area. My current company, Arox Land Development Corp., installs and maintains sewer, water, and storm water systems so I am also familiar with the SWFWMD requirements for maintenance of storm water retention ponds. Prior to becoming a contractor, I was a licensed CPA with David Fields & Co. and also worked for the accounting firm KPMG in Chicago. I have a B.S. in civil engineering from the University of Tennessee and an MBA from Northwestern University.



### JUDY SOKAL

I have lived in Rivendell since August of 2002, and can remember walking some of our streets when they were the mere skeleton of the community to come. Now, our homes are complete, the trees have grown, new neighbors have become old friends, and Rivendell feels like home to me. I am happy beyond words that I agreed to chair the Communications Committee earlier this year, because it enabled me to meet so many more neighbors than I had before. It has been wonderful to make new friends, and to become involved in the affairs of this lovely community. That is why I have decided to become a candidate for the Board. I think that I can make a difference and bring special skills to this position.

I have been on 2 non-profit boards in the past and am on one currently. I am known as a problem-solver and can see the big picture. I know how to work with people and can lead when necessary, but also know how to listen to concerns and craft compromise. I believe in being inclusive in dealing with our residents. We may come from different backgrounds and different points of view, but we all agree that Rivendell is our home, and we want to protect and maintain it to the best of our abilities. I am a graduate of the University of Pennsylvania and in my professional career have been a teacher and marketing analyst, often combining that part-time work with my professional singing career and a dash of painting on the side. And, being a woman, I'm a great multi-tasker, too! My vision for Rivendell comes from a famous Israeli folk song that says simply, "How good and pleasant it is for people to live together."

## Through The Lens

By Kay Mruz

Our daughter, unfortunately, discovered this brightly colored orb weaver sitting in the middle of a massive web on our front porch. After convincing an absolutely panic-stricken 24-year-old not to run all the way back to Illinois, I went to get my camera and a ladder.

My first spider picture is of an adult female Black and Yellow Argiope. Frequently confused with banana spiders, they are also referred to as the zipper spider and the writing spider. The female has a striking yellow and black body that grows up to 1 1/2 inches long. Add the legs and you have a very impressive spider! The male is brown and grows to 3/4 inch in length. Both have poor eyesight and rely on web vibrations to alert them of prey. Wish I had known they had bad eyesight as I was standing on the ladder with my camera. I envisioned it seeing me and jumping on my face like the creature in the Alien movies. My daughter would look out the window every so often to make sure just such a thing hadn't happened and to tell me that I was crazy, insane and nuts.

The female is the one you will see most often. She spins her web two to eight feet off the ground. These very complex webs can reach up to two feet in diameter and can take two to three hours to complete. At the end of each day she will consume the web and rebuild a new one overnight.

Webs will stay in one place unless frequently disturbed or there is a lack of prey. The Argiope is unique because they spin both non-UV reflecting silk (which makes up the biggest portion of the web and is the reason people walk into them) and UV reflecting silk. You just don't see their web. In the middle of the web is a zigzag pattern called the stabilimentum. This part of the web reflects UV light. There is much discussion on the purpose of the stabilimentum. Some feel it attracts prey because it reflects UV light much like a flower will reflect UV light. Others say it provides stability to the web and a few believe it is there to prevent birds from flying through it. The stabilimentum acts in a similar way putting tape on a picture window to keep birds from smashing into it. Only spiders which are active during the day have stabilimentums in their web. It is here that the spider will sit, head down, waiting for prey to become trapped in the web.

The male stays pretty much out of the picture until mating time. His days are spent wandering around until he finds a female. He will spin a small web next to hers and wave his legs to attract attention. After mating, the male promptly dies and is eaten by the female. She will produce one to three papery egg sacs, each containing around 500 eggs. Eggs hatch in the fall but the spiderlings stay inside the sac until spring. The other photo is of a juvenile eating a meal. Their webs are built close to the ground and are not as elaborate as that of the adult. ■



*Adult female Black and Yellow Argiope*



*Juvenile eating a meal*

*photos by Kay Mruz*

## DID YOU KNOW?

Did you know that you can be notified via email when **Oscar Scherer State Park** is having a prescribed burn? Just contact *Cristy Disbrow*, Administrative Assistant & Volunteer Coordinator, Oscar Scherer State Park. (941) 483-5957 or Email: [Cristy.Disbrow@dep.state.fl.us](mailto:Cristy.Disbrow@dep.state.fl.us)

**Any other questions please contact Oscar Scherer State Park at 941-483-5956.**

## NOAA: Another Winter of Extremes as La Niña Strengthens

The Pacific Northwest should be a colder and wetter than average winter, while most of the South and Southeast will be warmer and drier than average through February 2011, according to the *Winter Outlook* released December 9, 2010 by **NOAA's Climate Prediction Center**. A moderate to strong La Niña will be the dominant climate factor influencing weather across most of the U.S. this winter.

La Niña is associated with cooler than normal water temperatures in the Equatorial Pacific Ocean, unlike El Niño which is associated with warmer than normal water temperatures. Both climate phenomena, which typically occur every 2-5 years, influence weather throughout the world and often lead to extreme weather. Last winter's El Niño contributed to record-breaking rain & snowfall leading to flooding in parts of the country, with record heat & drought in other parts. Although La Niña is the opposite of El Niño, it also has the potential to bring weather extremes to parts of the nation.

"La Niña is in place and will strengthen and persist through the winter months, giving us a better understanding of what to expect between December and February," said Mike Halpert, deputy director of the Climate Prediction Center of the **National Weather Service**. "Other climate factors play a role in the winter weather at times across the country," added Halpert. "Some of these factors, such as the North Atlantic Oscillation, are difficult to predict more than one to two weeks in advance. The NAO adds uncertainty to the forecast in the Northeast and Mid-Atlantic portions of the country."

### Regional highlights include:

- **Florida:** drier than average, with an equal chance for above-, near-, or below-normal temperatures. Above normal wildfire conditions. Visit <http://www.noaa.gov>.

## DID YOU KNOW? By Ed Lin

### Airline Parking

Here is a great idea for saving money when you're taking a long trip and want to avoid the high cost of airport parking (upwards of \$10/day).

Rent a car locally the day before the flight, drive to the Tampa airport and return the car there for only a day's rental cost (start and end of rental must be within 24 hours). Upon return to Tampa airport, pick up a rental car at the airport and return it in Sarasota, again for just a day's rental if the pick up and return are within 24 hours.

As an alternative, especially if your departure time is early morning, consider the AIRPORT HOTEL AND PARKING PACKAGE offered by <https://secure.stay123.com/dates.php> **This package provides free long term parking** up to 14 days (\$5 a day after that plus free round-trip shuttle service -- all for the cost of one night's hotel accommodation. We used this service on our last trip and it worked well.

### Avoiding Airline Fees

*Excerpted from "Dodging Those Pesky Airline Fees" By Michelle Higgins, New York Times, Published: Sunday, December 5, 2010 at 1:00 a.m.*

**Avoid fees** for onboard entertainment and food by bringing a book and by packing your lunch.

**Checking a bag:** Nearly every airline now charges for bags except: **JetBlue** and **Southwest**.

Some credit cards, such as Delta's SkyMiles American Express, allow up to eight others on the same reservation to each check a bag without charge. The American Express Blue Sky Preferred Credit Card offers travelers an annual \$100 allowance to cover checked baggage, in-flight meals, entertainment or Wi-Fi purchases, and other fees on any airline.

Hotels such as Holiday Inn, InterContinental and other IHG brands will reimburse up to \$50 in checked luggage fees to guests who stay for a weekend and pay with a Visa card. You may be able to check your carry-on at the gate at no cost. More airlines are asking passengers to check bags at the gate to keep overhead bins from bursting.

**Flying standby:** You may be able to get on for no additional charge by hovering at the gate. Holding out for no-shows can mean a savings of as much as \$100 for a couple. Or consider an airline that doesn't charge for standby like JetBlue or Virgin America.

**Overweight bags:** Pack strategically and keep your bag under 50 pounds; to be sure, weigh your bag before leaving home. Consider buying a wheeled duffel, which is typically made of ultra-lightweight material and holds a lot. ■



## ARTS and EVENTS IN SARASOTA



### Belle Canto in Performance by Judy Sokal

There's a new singing group in town that has something for everyone. Belle Canto is an all-women's group that boasts 20 fabulous singers from the greater Sarasota area. They perform all types of music including Broadway, seasonal, classical and sacred. And they will be performing close to Rivendell in the beautiful Glendridge Performing Arts Center on Feb. 5<sup>th</sup>, Saturday night at 8 PM. Tickets are only \$15 and can be purchased at the door. Belle Canto's program is entitled, "A Valentine's Gift in Song." I sure hope you can make it, and I'll look for friends as I sing with Belle Canto on stage that night. Call 552-5300 for more information or check out [www.theglenridge.com](http://www.theglenridge.com). You can also hear Belle Canto sing on their website, [www.bellecanto.org](http://www.bellecanto.org). ■



### *The Ringling Library Association Town Hall Lecture Series for 2011*

- **January 19, 2011** Greg Mortenson, co-author of *Three Cups of Tea*.
- **February 2, 2011** George Will, syndicated newspaper columnist for *The Washington Post*.
- **February 22, 2011** Cherie Blair, a human rights lawyer and campaigner for women's equality.
- **February 23, 2011** Tony Blair, former Prime Minister of Great Britain and Northern Ireland.
- **March 8, 2011** Nobel Peace Prize winner and Auschwitz survivor, Elie Wiesel will speak.
- **March 21, 2011** Malcolm Gladwell, author, and Adam Gopnik, journalist and author.

For ticket information please call 941-925-1343 or email [RCLATownHall@comcast.net](mailto:RCLATownHall@comcast.net) or visit the website [http://www.rclassociation.org/town\\_hall\\_lecture.php](http://www.rclassociation.org/town_hall_lecture.php) ■

## RESTAURANT REFLECTIONS

### Judy Sokal

*Have you been to a restaurant recently for lunch or dinner that you'd like to tell your neighbors about? Then email me at [judysokal@gmail.com](mailto:judysokal@gmail.com)*

The editors of the *Woodlands Word* had a working lunch at **Mama Leone's**, 2300 Tamiami Trail North in Nokomis. Everyone knows that Mama Leone's is great for pizza and pasta. But did you know that they have wonderful salads for lunch too? We ordered one salad from the lunch menu (spinach with walnuts and apples) and another from the dinner menu (delicious tuna and capers). The salads were served with fresh, hot garlic bread, too tempting to resist. The prices were very reasonable and the service friendly. It was also not crowded like dinners can be, and we were able to talk and work as long as we liked without feeling rushed. If you haven't been to **Mama Leone's**, 918-988, the décor is lovely, with adequate space between the tables. Sorry, no desserts to report on - we were a salads only bunch! ■

### Interested in a Weekend Getaway?

#### Visit Vinoy Hotel in St. Pete - historic with several on-site restaurants

Historic Hotels of America has identified more than 220 hotels that have faithfully maintained their historic architecture and ambience. To be selected, a hotel must be at least 50 years old, listed in or eligible for the National Register of Historic Places, or recognized locally as having historic significance. **The Vinoy Resort and Golf Club in St. Petersburg is one of these Historic Hotels.**

At a cost of \$3.5 million, the 375-room Vinoy Park Hotel opened for business in 1925. The Renaissance Vinoy Resort is a salmon-colored Mediterranean Revival building that overlooks Tampa Bay. It has endured a number of transformations, as in the early 1940s when the hotel was converted into a training facility for the Army Air Corps for the training of military cooks and bakers. The Vinoy reopened as a hotel in 1945 and continued operations until 1974 when it fell to relative disrepair.

Today's Vinoy Resort underwent a \$93-million restoration and expansion in 1992, which added a guest tower and golf course. The only luxury resort on Florida's west coast, the Vinoy has a private marina, a tennis complex, restaurants, a fitness center, recently renovated guest rooms and a shuttle to St. Pete's Beach. ►



It is located near attractions like the Dali Museum, the Museum of Fine Arts, the Chihuly Glass Exhibit and two bay beaches.

**Vinoy® Renaissance St. Petersburg  
Resort & Golf Club**

501 5th Avenue NE, St. Petersburg, Florida 33701

Toll-free: 1-888-303-4430

**On-site Restaurants**

- **Marchand's Bar and Grill:** American cuisine with a Floribbean flair. Phone: 727-894-1000
- **Fred's Steakhouse:** Fresh seafood and prime beef. Open for dinner. Phone: 727-894-1000
- **Alfresco's:** American Cuisine. Dine inside or out. Tropical fare. Phone: 727-894-1000
- **Promenade Lounge and Coffee Bar:** overlooking the Marina and Tampa Bay.  
[http://www.historichotels.org/hotel/Renaissance\\_Vinoy\\_Resort\\_and\\_Golf\\_Club/1015](http://www.historichotels.org/hotel/Renaissance_Vinoy_Resort_and_Golf_Club/1015) ■

**Places to Go: Big Cat Rescue - Tampa**

Tampa's Big Cat Rescue is unlike any tourist attraction. It is the world's largest accredited big cat rescue facility, and serves as a sanctuary. People are not allowed to wander unescorted for their own safety as well as the animals'. <http://www.bigcatrescue.org/>

Guided one-hour walking tours are available on **M, T, W, F at 3:00 p.m.** for adults and children over 10 years of age. On **Saturday & Sunday the tours are at 10 a.m. and 1 p.m.** for adults and children 10 and over. Cost is \$25.00 per person (closed on Thursdays). Children under the age of 10 can **ONLY** visit on Saturday or Sunday for the **9:00 a.m.** Kids Tour, a one-hour walking tour at a cost of \$15.00 for under 10 and \$25.00 for all others.

Rain checks are available if you have paid for a tour and get rained out. Paths are frequently muddy so closed-toed, old, comfortable shoes are recommended. Photos and video can be taken on the tour, and you can even schedule a photo tour. Obviously, no pets!

Big Cat Rescue is 15 minutes from Tampa International Airport and 25 minutes from the St. Petersburg Municipal Airport. It is within walking distance of the Citrus Park Westfield Shopping Center and close to restaurants like Olive Garden, Chilies, Smokey Bones and Longhorn.

From Sarasota take I-75 to I-275 and follow signs for Rt 589 North (Veterans Expressway) just past the Tampa International Airport. Take Veteran's Expressway (589) north, exit at Gunn and go left. You will see the new walking bridge and immediately on your left you will see a McDonalds. Easy Street is a dirt road on the left just past the McDonalds, but you must go past it and return by making a U-turn. You will see the sign with three cat faces. Proceed slowly on Easy Street due to potholes. Go to the end – to a large gate. ■

## SERVICE PROVIDER RECOMMENDATIONS

*I only like to recommend services when they are truly worthy so it is exciting to be able to tell you about people that are here in our own neighborhood that Barry and I have been very pleased with.*

- **Shear Paradise, (941-918-2222)** located in the **Bay Street Village** is owned and operated by Debbie Helm, our own Rivendell neighbor. Shear Paradise is a full service salon where you can treat yourself to high quality hair and nail care, facials and skin services, and be able to buy a variety of beauty products in a pleasant environment. When you leave, feeling like a beautiful princess or charming prince, go next door to **Armel Jewelers (941-966-5878)** for a wonderland of watches, jewelry, and giftware. Operated in the Osprey area for 29 years, Armel has expertly trained staff to help you with your decisions.
- Medically, we are very excited to have found that **Alla Gruman, M.D., (941-918-1900)** a Board Certified Family Dermatologist, has moved into the neighborhood at 929 S. Tamiami Trail, Suite 204 in the Sarasota Memorial Care Center building. Dr. Gruman is a comprehensive doctor with excellent medical skills and a gentle personality. Her office will provide you with superior care.
- **Family Eye Care (941-966-6700)** is the home of **Drs. Michael and Carol Orwasky**, Board Certified Optometrists. They are located in the new Mediterranean Building at 694 S. Tamiami Trail. We received a thorough eye examination and help in ordering fashionable eyeglasses. Drs. Orwasky can also help with contact lenses. We have sent several friends to Family Eye Care and all have also been very pleased with their care and expertise. ■

*The above providers are close by and convenient. Supporting them guarantees that we keep quality providers in Osprey. Karen McClure*

### Send in your Favorites!

Send us the name and phone number of your favorite plumber, electrician, hair stylist, landscaper, you name it- and we'll list it!

**If you have a service provider you'd like to recommend, please email Judy at**  
[judysokal@gmail.com](mailto:judysokal@gmail.com)

## CLASSIFIED ADS

**BABYSITTER Available:** Molly Benkaim, 941-961-3385 10th grade Pine View female student available for babysitting. Former camp counselor and CPR certified. Please call Molly if you'd like references.

**PET SITTING:** Eve Day, 941-780-0821. Rivendell neighbor who does pet sitting. Will follow all instructions and pricing is very reasonable.

## BOOK GROUP SCHEDULE AND RECIPES By Marilyn Probert

### *Happy New Year!*

The Book Group will meet on Monday, **January 10**, at Barb Gahry's home at 699 Rivendell Boulevard. Elaine Roeter will lead the discussion of Anna Quindlen's novel *Every Last One* a story of one woman's horrific loss and how she survives it. Please call Barb at 966-5828 if you plan to attend.

On **February 14** the topic will be *Bridge of Sighs* a novel by Richard Russo. The setting is a small town in upstate New York where the inhabitants lead seemingly unremarkable lives. One of them, Bobby, escapes from his domineering father and becomes a successful painter. His best friend, unfortunately nicknamed Lucy, stays behind, weds his high school sweetheart, and follows in his adored father's footsteps. One of the issues Russo grapples with is how possible it is to change one's life without changing one's environment. Sallie Hawkins will lead the discussion at the home of Pam Babbitt, 743 Fordingbridge Way, phone 918-8781.

*The Postmistress* by Sarah Blake has World War II as a backdrop; the lives of three loosely connected women are described as the US prepares to enter the conflict. This novel will be examined at the **March 14th** meeting.

All Rivendell residents are invited to attend Book Group meetings; they are held on the second Monday of the month at 7:30 p.m. Please call the month's hostess if you'd like to join us.

## Delicious Goodies

### From Book Club

*"I tried both of these recipes, and I if can do it anybody can!" ~ Marilyn Probert.*

### Mirinda Roy's Creme de Menthe Squares - Scrumptious!

#### First layer:

1 stick Imperial margarine, softened  
Cream with 1 cup sugar  
Beat in 4 eggs (don't use Eggbeaters brand) and 1 16oz can Hershey's chocolate syrup  
Add 1 cup flour

1/2 tsp salt

1/2 tsp peppermint flavoring

Mix well and place in a 9x13 greased pan. Bake at 350 degrees for 25-30 minutes. Let cool.

#### Second layer:

Mix:

2 cups confectioner's sugar

1 stick margarine

2 tbsp creme de menthe

1/4 tsp peppermint flavoring

Spread over cooled first layer

#### 3rd layer:

Melt together: (on stove or in microwave @ level 6 for 2 - 3 1/2 min.)

1 cup chocolate chips

6 tbsp margarine

Mix well and spread over 2nd layer

Refrigerate (these freeze well, also)

### Janet Berntsen's Mock Turtles: (Ooh so sweet!)

#### Ingredients:

- Miniature pretzels (Janet uses Snyder Butter Snap)
- Rollos (find them in the candy aisle)
- Pecans.

Preheat oven to 350 degrees

Place pretzels on cookie sheet

Put one Rollo on each one

Put in oven for NO MORE THAN 3 MINUTES!

Remove pan from oven, press one pecan on each Rollo and you're all finished!

## Medical News You Can Use submitted by Dr. Ed Lin

### *2010 AHA Guidelines: The ABCs of CPR Rearranged to "CAB"*

*Excerpted From MedscapeCME Clinical  
Briefs News Author: Emma Hitt, PhD, CME  
Author: Laurie Barclay, MD    October 20, 2010  
[http://cme.medscape.com/viewarticle/731231?](http://cme.medscape.com/viewarticle/731231?src=cmemp&uac=109321FX)  
[src=cmemp&uac=109321FX](http://cme.medscape.com/viewarticle/731231?src=cmemp&uac=109321FX)*

**CHEST COMPRESSIONS SHOULD NOW BE THE FIRST STEP IN ADDRESSING CARDIAC ARREST!** *(Helpful info for anyone and everyone interested in helping in a cardiac emergency.)*

The American Heart Association (AHA) now recommends that the A-B-Cs (Airway-Breathing-Compressions) of cardiopulmonary resuscitation (CPR) **be changed to C-A-B (Compressions-Airway-Breathing)**. The changes were documented in the *2010 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*, published in the November 2 supplemental issue of *Circulation: Journal of the American Heart Association*, and represent an update to previous guidelines issued in 2005. The 2010 AHA Guidelines for CPR and ECC [Emergency Cardiovascular Care] are based on the most current and comprehensive review of resuscitation literature ever published," note the authors in the executive summary.

**1. Chest compressions should be started immediately on anyone who is unresponsive and is not breathing normally.** Oxygen will be present in the lungs and bloodstream within the first few minutes, so initiating chest compressions first will facilitate distribution of that oxygen into the brain and heart sooner. Previously, starting with "A" (airway) rather than "C" (compressions) caused significant delays of approximately 30 seconds.

"For more than 40 years, CPR training has emphasized the ABCs of CPR, which instructed people to open a victim's airway by tilting their head back, pinching the nose and breathing into the victim's mouth, and only then giving chest compressions," noted Michael R. Sayre, MD, coauthor and chairman of the AHA's Emergency

Cardiovascular Care Committee. "This approach was causing significant delays in starting chest compressions, which are essential for keeping oxygen-rich blood circulating through the body."

**2. The new guidelines also recommend that during CPR, rescuers increase the speed of chest compressions to a rate of at least 100 times a minute.** In addition, compressions should be made more deeply into the chest, to a depth of at least 2 inches in adults and children and 1.5 inches in infants. Persons performing CPR should avoid leaning on the chest so that it can return to its starting position, and compression should be continued as long as possible without the use of excessive ventilation.

9-1-1 centers are now directed to deliver instructions so that chest compressions can be started when cardiac arrest is suspected. The new guidelines also recommend more strongly that dispatchers instruct untrained lay rescuers to provide Hands-Only CPR (chest compression only) for adults who are unresponsive, with no breathing or no normal breathing.

**Editor's Note:** *The late Denny Arant, artist and poet, lived in Rivendell for four years before his untimely death in 2006. The following poem was written for Judy Sokal, his long time partner.*

## AIR CASTLES

By Denny Arant

*We built air castles on the beach that day  
As the wind played with our toes and hair.  
We sat and looked at each other  
And loved with our eyes  
not speaking  
but hearing each other  
and building air castles  
and watching them float skyward  
where a playful sea gull  
would come along and  
carry them out to sea.  
I touched you quietly  
and we were alone among many.*



## Email Address, Please

We lack email addresses for almost 1/3 of Rivendell Residents.

We want to keep you up-to-date on community activities  
and to keep ALL homeowners informed.

*Your email address will not be distributed to any outside agency.*

**Please send your name and email address to  
Barb Gahry at Bgahry@aol.com.**

## Information Please

*Your email address or phone numbers will not be distributed to any outside agency.*

### Association Master Individual Record

*CIRCLE if you **DO NOT WISH**  
TO BE PUBLISHED IN THE DIRECTORY*

Last Name:

First Name:

Home Phone 1:

Home Phone 2:

Address:

Fax:

Work Phone:

Cell Phone:

E-Mail 1:

E-Mail 2:

E-Mail 3:

CHECK ONE ONLY:

Resident Owner: \_\_\_\_\_

Non-Resident Owner: \_\_\_\_\_

Renter: \_\_\_\_\_

Do Not Publish Home Phone 1

Do Not Publish Home Phone 2

Do Not Publish Fax

Do Not Publish Work Phone

Do Not Publish Cell Phone

Do Not Publish E-Mail 1

Do Not Publish E-Mail 2

Do Not Publish E-Mail 3

**Please send completed form to:**

Barb Gahry, 699 Rivendell Blvd.

or email any additions, changes, to:

bgahry@aol.com

## Rivendell Directory Slated for April 2011 Publication

Sundown Publishing will be producing The Rivendell Directory for 2011.

If you wish to advertise, please call Craig Tirgrath at 941-485-8800.

Rivendell residents will be given priority for ads submitted.

*Please contact Barb Gahry if you would like to change or remove your phone number or email address, or if you would like to make any other changes to the Directory.*

Barb Gahry can be reached at 941-586-3936 or bgahry@aol.com

### In the Mail



Lighthouse Property Management will be mailing  
the Agenda for the February 10<sup>th</sup> Annual Meeting,  
as well as candidate biographical information, ballots, and proxies.



If you do not receive the ballot and information,  
please contact Lighthouse Management, 941-966-6844

**Home Owners  
Semi-Annual  
Association Fees  
Due January 1, 2011**



**Rivendell Board Meeting  
NEXT BOARD MEETING  
WILL BE**

**Tuesday, JANUARY 4, 2011  
at 6:00 pm at the First Baptist  
Church of Osprey**

**Address:**

**265 North Tamiami Trail, Osprey  
(just north of Bay Street traffic signal  
and on the west side of the street).**

## ARCHITECTURAL REVIEW COMMITTEE MINUTES

### for the Nov. 11, 2010 meeting

Attendees: Frank Pafumi, Allen Roeter, and Barry McClure (Committee Chair)  
Residents: None

The November ARC meeting was called to order at 6:00 PM with a quorum of committee members present.

The minutes of the prior ARC meeting were reviewed and unanimously approved as written.

The following applications were reviewed and decided for action.

**1004 Oak Meadow Lane:** Replace existing windows with high impact hurricane rated windows.  
**Unanimously approved** – Motion to Approve by A. Roeter, seconded by B. McClure

**1121 Millpond Court:** Modify previously approved paint scheme for front door and trim bands with new color, lighter shade than previously submitted  
**Unanimously approved** – Motion to Approve by B. McClure, seconded by A. Roeter

**1133 Scherer Way:** Plant impatiens edging the existing bed by front walk path  
**Unanimously approved** – Motion to Approve by F. Pafumi, seconded by B. McClure

**739 Fordingbridge Way:** Remove oak tree from front of home.  
**Unanimously approved** – Motion to Approve by B. McClure, seconded by A. Roeter

**714 Fordingbridge Way:** Remove oak tree from front of home.  
**Unanimously approved** – Motion to Approve B. McClure, seconded by F. Pafumi

**492 Meadow Sweet Circle:** 1) replace existing windows with high impact hurricane rated windows, 2) Resurface/renew driveway, 3) Add 10 x 16 ft slab patio at back of house near lanai, & 4) Add handrails to front porch steps  
**Unanimously approved** – Motion to Approve by F. Pafumi, seconded by B. McClure

**New Business:** (none)  
ARC meeting adjourned at 6:30 pm.  
Next Meeting December 28, 2010

## The Architectural Review Committee (ARC)

meets the **last Tuesday** of each month  
at the Cottages Clubhouse.

Applications are due to Lighthouse Management  
by the **third Tuesday** of each month.

**NOTE:** The ARC recommends that applications be received one week before the next meeting. Therefore, any applications received after the monthly date will have to wait until following month.



**Application for Architectural Review Committee Consideration**

Homeowner Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address where work is to be carried out: \_\_\_\_\_

**If you live in the "Cottages", you are required to get approval from Unit 1 Board of Directors before submitting this application to the ARC.**

Please describe the proposed work including specifications and dimensions of the work and materials to be used. (If more space is needed, please attach a separate sheet.)

Proposed commencement date: \_\_\_\_\_ Duration of Project: \_\_\_\_\_

The ARC meets on the last Tuesday of the month. Please submit this application to the address below seven days prior to the meeting.

**Please attach the following to this application:**

- Site Plan or Survey showing the location of the proposed work.
- A letter signed by your neighbor or a certified letter receipt sent to your neighbor for any proposed work which will have a direct effect on your neighbor.
- Color sample, color name and reference # for proposed paint.
- Plat showing names of specific plants and locations for proposed landscaping.
- Plat showing location of proposed fence with manufacturer's brochure describing the fence material.

Please refer to the **Guidelines for Exterior Alterations** while planning your proposed work. If you would like to discuss your application prior to submittal, please contact the Architectural Review Committee Chair or Board Liaison, who are listed in the Woodlands Word.

All work must conform to all Zoning and Building Regulations. Owners are responsible for obtaining necessary permits after ARC approval. Owners are responsible for any damages to common areas or other homes caused by their contractors.

If any modifications or changes to existing structures and landscaping is done without prior approval from the ARC, fines or removal may apply.

Home Owner Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Submit applications to: Rivendell Community Association  
C/O Lighthouse Property Management  
16 Church Street  
Osprey, FL 34229 Phone: 941-966-6844

## WHO WE ARE

### RCA Committee Membership 1/2011

#### Communications Committee

([judysokal@gmail.com](mailto:judysokal@gmail.com))

**Board Liaison**, Mark Adler

**Chair**, Judy Sokal

**Website**, Light House Management

**Directory**, Barb Gahry

**Block Captains**, Cindy Schmidl

**Newsletter**, Judy Sokal, Linda Pearlstein,  
Editors in Chief; Norma Lee Rhines, Copy Editor;

Pam Babbitt, Reporter Assignments;

Mike Bergman, Reporter Representative; and

Nancy Wettlaufer, Editorial Advisor.

**Reporters**: Anna Beatty, Barb Gahry, Carol

Heckert, Ed Lin, Mary Kennedy, Charles

Kiblinger, Mike Bergman, Vic McMurry, Debbie

McMurry, Kay Mruz, Meredith Pike, and Marilyn

Probert.

#### Architectural Review (ARC)

([ARC.BMc@gmail.com](mailto:ARC.BMc@gmail.com))

**Board Liaison**, John Greco

**Chair**, Barry McClure

Frank Pafumi, Allen Roeter, Gwen Stepien

#### Landscape/Environmental

([Kenheckert@verizon.net](mailto:Kenheckert@verizon.net))

**Board Liaison**, John Critser

**Chair**, Ken Heckert

Mike Bergman, Frank Freestone, Dave Gill,

Mike Gruenfeld, Sara Jones, Carl Schubert.

Carol Heckert, Charles Kiblinger, Denny Pavlock,  
and Alexis Spalding

#### Swimming Pool

([Tom.Faessler@nielsen.com](mailto:Tom.Faessler@nielsen.com))

**Board Liaison**, Mary Marryott

**Chair**, Tom Faessler

Carol Heckert, Bo Potter, Lori Yohann

### Rivendell Board of Directors

**John Greco**, president

([jgreco8054@aol.com](mailto:jgreco8054@aol.com))

Liaison to ARC

**Mark Adler**, first vice president

([mark@adlermail.com](mailto:mark@adlermail.com))

Liaison to Communications Committee

**Mary Marryott**, second vice president

([mlmarryott@aol.com](mailto:mlmarryott@aol.com))

Liaison to Pool Committee

**John Critser**, Treasurer

([jdc@mollycat.net](mailto:jdc@mollycat.net))

Liaison to Landscape/Environmental Committee

**Bobby Merrill**, Secretary

([bobbymerrill3@aol.com](mailto:bobbymerrill3@aol.com))

Liaison TBA

### Subassociation Officers

#### The Cottages Board of Directors

Jane Lettich, President

Mike Georgopolis, 1st Vice President

Andrew Terry, 2nd Vice President

Carole Myles, Treasurer

Margery Arendt, Secretary

#### Patio Homes Board of Directors

Edward Diggs, President;

Rick Wheeler, Vice President

Jayne Irene, Secretary

Bruce Whalen, Treasurer

#### The Villas Board of Directors

Dianne Enger, President;

Sherry Sholtis, Vice President, Secretary

Meredith Pike, Treasurer

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**Delivered by the Pelican Press, 349-4949**

**Lighthouse Property Management, 966-6844**

**Deadline** - Submit articles and information to  
[pbbabbitt@comcast.net](mailto:pbbabbitt@comcast.net) by the tenth of the  
month.

Your input and feedback are always  
encouraged and welcomed.

## VISIT RIVENDELL'S WEB SITE

Stay informed about community activities.  
Access and submit ARC and other forms electronically.  
Read current and back issues of the Woodlands Word.  
Look at Woodlands Word photos in color.  
Find service provider recommendations.

### Rivendell Website Instructions

Access the Rivendell website at:  
[http://www.lighthousepropertymanagement.net/portal\\_login.html](http://www.lighthousepropertymanagement.net/portal_login.html)

To begin, click on *Association Members Login*. Your new Login ID is your 6-digit **Lighthouse Management account number** (including leading zeros) followed by your last name, for example "001234Smith." Don't know your account number? Call Lighthouse at 966-6844.

Your temporary password is LHMTEMP123. Follow the prompts to create your own password.

## NEED VOLUNTEERS to STREAMLINE RCA DOCUMENTS

The **RCA Documents Modernization & Simplification Committee** will work with the Board and our attorney to update and streamline our Covenants and By-Laws.

The completed document will require approval by a two-thirds (2/3) affirmative vote of all members of the Association.

The Board is seeking volunteers who would like to serve on this committee.

If you are interested in serving on this committee, please submit your contact information and a brief statement highlighting your interest in and/or qualifications for serving on the committee to:

Hope Korte  
Lighthouse Property Management  
16 Church Street  
Osprey, FL 34229



## **Question? Complaint? Concern?**

Contact Lighthouse Property Management

**Lighthouse Property Management**  
**16 Church Street, Osprey, FL 34229**  
**Tel: (941) 966-6844**

**Property Manager: Kyanne Merrill, CAM [kyannemerrill@mgmt.tv](mailto:kyannemerrill@mgmt.tv)**  
**Assistant: Hope Korte [hopekorte@mgmt.tv](mailto:hopekorte@mgmt.tv)**

## **Hints to help Protect Your Home From Theft**

Install auxiliary locks on sliding glass doors.

Keep trees and shrubbery trimmed to prevent concealment of a burglar.

Motion sensor lighting can be a valuable tool to prevent burglary.

Keep an inventory of valuables and take photographs.

Mark your valuables with engraving or ultra violet pen.

Police recommend keeping all doors, windows and sliders locked. Keep your garage doors closed. Lock your car if it is kept outside.

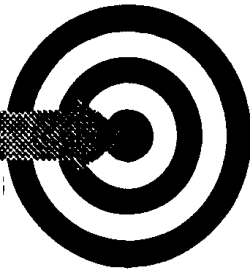
If you have a security company, test your alarm system monthly.

If you are traveling, please make sure that a neighbor knows how to contact you.

Please alert the authorities if you see any suspicious behavior. Notice if a car seems to be staking out the neighborhood and call in the license plate number.

If you are robbed, also notify Lighthouse Management, 966-6844.

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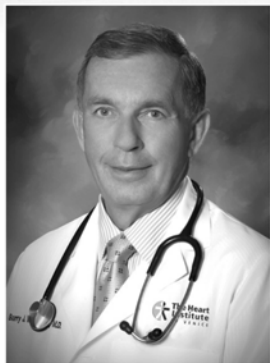


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**References available**



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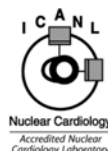


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