



The Woodlands Word @ Rivendell

Your Community Resource

AUGUST 2014

Lunch Time at Myakka River State Park

By Nancy Dobias



It was lunch hour so rather than having a sandwich or salad, I convinced my husband he needed to get out of the house and take a hike along the river at Myakka. (You never know what you might see.) That day we saw a squirrel that didn't seem to mind my taking his picture. He was busy burying his head into a hole in the tree be-

cause in the hole were all kinds of goodies that apparently the Easter Bunny had left for him. I was wondering if he had any pectin jelly beans in there, but all he had were acorns or something. They must have been delicious because he looked content when he was munching away!



Our next buddy we met was an Ohio resident. He was busy flitting from branch to branch and I would have loved getting more pictures of him, but he was too quick. I guess he got his lessons from those people on Tamiami Trail who make a practice of darting in and out of lanes as they make their way north or south on 41.

(Continued on pg.2)

ARC Meets and Acts on 12 Work Plans

The Architectural Review Committee met June 24th and approved seven work plans; these included an addition to the back of a house, the installation of gutters, the re-screening of a pool cage, and several repainting of homes.

Jim Stepien, acting Committee Chair, led the meeting, which was attended by members Jessica Fenton, John Martin, and Board Liaison Joe Sefack. A total of 12 work plans were considered.

Only one work plan was not approved -- a proposal to clean, repair, and spray a tile roof with white paint. The plan was not approved because white roofs are not allowed.

Several proposals were placed on hold until outstanding questions and concerns could be resolved. The report appears on page 11 of this issue.

The ARC will hold its next two meetings July 29 and August 26.

Next Rivendell Board Meeting
Sep 8th, 2014 6PM
at Historic Spanish Point in Osprey
Any changes to this date will be posted on the website
www.rivendellcommunity.com

(Lunch Time continued from pg.1)



This is supposed to be a Zen moment with Mother Nature, but that was difficult to achieve when we noticed an alligator across the river. At first I saw him in the muddy reeds on the bank but then he started moving into the river. (I guess it was lunch hour for him, too.) But he didn't go far before he turned back. Something had caught his attention in the reeds. Suddenly we heard a loud *GLUUMMP!* I expected to see twisting and turning in the water or at least a munching motion but we didn't see any. I don't know if he missed what he was after or if it was just a light snack...



Here's a Mama Alligator that startled me one day when I heard a splash into the water behind me. I had thought it was just the baby alligators, but the splash was big enough that it didn't seem likely they could have displaced that much water. If you notice her eyes, she seems to have that Clint Eastwood "Make My Day" look. I bet she didn't appreciate my startling her, and, needless to say, we gave her a wide berth!



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Please Remember:

The wonderful photos in the newsletter may be viewed in living color:
www.rivendellcommunity.com

Next Maintenance Committee Meeting
The Maintenance Committee meets the last Wednesday of each month at 7pm in the Cottages Clubhouse

Through The Lens: Red-bellied Woodpecker

By Kay Mruz



I was surprised to learn that the bird with the bright red head in these photos is actually a red-bellied woodpecker. Even when using my zoom lens, I could not see any red coloring on the bird's

underside. However, my research assures me that there is a small amount of red shading on the bird's lower belly thus justifying the name.

Red-bellied woodpeckers are medium sized birds with long, chisel shaped beaks. Both sexes have a distinctive black and white zebra pattern across the back and buff colored underside (with a small, light red patch.) The males have a bright red cap that runs from the forehead to the back of their neck. Females have the red coloring only on their neck. Both have tongues that are long, pointed and sticky with a spear-like tip.

Red-bellied woodpeckers are found in the eastern half of the United States. They are attracted to a variety of forested habitats as well as suburban areas where they are frequent visitors to backyard bird feeders. Males are most often seen searching for food on tree trunks while the females prefer the higher up tree limbs. They eat a variety of insects as well as fruits, nuts, seeds and berries. When necessary, they use their tongues to pry insects out of cracks in the tree bark. Red-bellied woodpeckers will store extra food in cracks and crevices of trees and fence posts for a later meal.

The sound of drumming patterns in March and April signify the beginning of the breeding/nesting season. Drumming is used to attract a mate and can be done on hollow limbs, gutters, siding or any surface that resonates sound loudly. Once a mate is found, a male will begin to chisel a nesting hole in dead or dying trees. He will then seek approval from his mate. After a series of mutual tapping patterns, the female will either accept or decline the nesting site. If she approves, she will enter the nesting hole and finish cleaning it out. If she declines, he has to start over again in a new location. Over a four-day period the female will lay one glossy white oval egg per day. Both parents share the responsibility of incubating the eggs, which hatch in about twelve days. Chicks fledge between twenty-four and twenty-seven days. At this point, the parents help them learn to forage on their own for a maximum of ten weeks. At the end of this time the parents will drive away the fledglings.



Even though the name surprised me, the red-bellied woodpecker is definitely a colorful addition to our neighborhood.



**We would like to thank Dave Gill
for all his efforts in obtaining,
assembling and installing the new
signs in front of the parks and ponds!**



Disaster Preparedness - Part 2

Excerpted from June 2007 as part of our previous
Community Emergency Response Team (CERT)



Disaster Preparedness and Response Plan by Deborah Berzins.
For Part 1 look for the July 2013 issue of The Woodlands Word on
our community website www.rivendellcommunity.com

Suggested Evacuation Procedures

Before You Leave

Tell family members and neighbors where you are going and provide contact information.

- Leave an extra key with a neighbor and tell your family where the key can be located.
- Fill car gas tank(s); check oil, air, and radiator coolant.
- Decide how you will handle your security system.
- Check that all movable outside items are removed.
- Unplug and/or shut off utilities as planned---such as electricity, water, and propane.
- Lock windows and doors. Secure shutters.
- Super chlorinate pool/stop pump.
- Lock up. Leave early. Use recommended route, take maps, and check radio.
- For shelter information, watch the local TV stations or listen to local radio stations to find out which shelters are open or contact EOC (861-4636) for available shelters. Write this information down and take it with you.

Special Needs Residents

- **If you will need assistance in an evacuation, please register now with the Sarasota County Department of Emergency Management.** Pre-registration is essential and those who preregister have first priority: Call 941-361-6844 or go to www.sarasotaeoc.net.
- Tell your health care agency where you will be during a hurricane, and when care should be reestablished.
- If you are homebound and under the care of a physician but not a home health agency, contact your physician.
- If you require respirators or other electric-dependent medical equipment, make prior arrangements.
- Register in advance with your local power company.
- If you require oxygen, check with your supplier about emergency plans.
- If you evacuate, take medications, written instructions regarding your care, special equipment and bedding.

Residents with Pets

- Pet owners are responsible for disaster planning for their pets.
- Most shelters will not accept pets, so make other provisions for your pet, such as a kennel or veterinarian.
- After the storm has passed, be careful about allowing your pet outside. Downed power lines, animals, and insects brought in with high water could present dangers.
- Don't allow your pet to consume food or water that may be contaminated.
- Take the following items in a pet survival kit if you evacuate: proper ID collar and rabies tag, license, leash, carrier or cage, water, food bowls & supply (two-weeks), care instructions, medications, ID on all belongings.

During the Storm

- Stay inside and away from windows, skylights and glass doors.
- Find a “safe area” in your home (interior room or closet on the first floor). If it has a roof access hatch, secure it.
- Keep the hurricane supplies mentioned in July 2013 issue of the WW in this “safe area”.
- Consider that you could be in this “safe area” for a long time and include food and water in your supplies.
- Wait for official word that the storm danger has passed. Don’t be fooled by the calm of the storm’s eye.
- If you lose power, turn off major appliances such as your air conditioner, electric water heater, and computer.
- If flooding threatens your home, turn off electricity at the main breaker.

After the Storm

- **If you evacuated, when you return home, notify family or neighbor.**
- Be patient. Access to affected areas will be regulated. If you evacuated, you may not be allowed to return to your home until search and rescue operations are complete and safety hazards, such as downed trees and power lines are cleared.
- Stay tuned to a local radio station for instructions about emergency medical aid, food, and other assistance.
- Carry a valid ID with your current local address with you. Security operations will include checkpoints.
- Excess pool water cannot be drained into the swales between houses. It must be drained into the street drain.
- Avoid driving. Road debris may puncture car tires. Don’t add to the problems of relief workers, law enforcement, etc.
- Do not go on “sight seeing” trips, especially at night. You may be mistaken for a looter.

After the Storm -- Safety Recommendations

- Avoid downed or dangling utility wires. If flooding occurred, have an electrician inspect home before turning on the power.
- Be aware of snakes, insects, or animals driven to higher ground by floods.
- Enter your home with caution. Open windows and doors to dry out your home.
- Be careful with fire. Instead of candles, use battery-operated flashlights and lanterns.
- Use generators and grills according to manufacturer’s directions. Fumes are toxic.
- Use your telephone and cellular phone only for emergencies.
- If power is lost, immediately limit all unnecessary discharge into the sewage system. Limit showers, flushing, running water unnecessarily.

After the Storm -- Repair Recommendations

- Make temporary repairs to correct safety hazards and minimize further damage.
- Hire only licensed contractors to do repairs.
- Take photos of all damage before having repairs done, and keep receipts for insurance purposes.

B. Tornado Information

If a tornado warning is issued or if threatening weather approaches, it is suggested that you:

- Turn on your media.
- Move to a safe room -- an interior room or hallway on the lowest floor.
- If possible, get under a heavy piece of furniture or doorframe.
- Stay away from windows, skylights, or glass doors.
- Do not try to out-run a tornado in your car.
- If caught outside, lie flat in a nearby ditch or depression.

C. Flooding Information

In the event of a flood warning:

- Shut off your electricity before the house is flooded.
- Check the supplies in your survival kit.
- Move valuable objects to a higher level. Place them on shelves, tables, and counters.
- Fuel your vehicle(s), check the oil, water, and tire pressure.

During the flood:

- Stay on higher ground.
- Do not drive or walk on a flooded road.
- Be observant of downed power lines.

After the flood:

- Do not eat food that has come into contact with floodwater. Drink only bottled or purified water.
- Do not handle live electrical equipment. Report downed power lines.

General Information

A. Terms and Definitions

1. Pre-Hurricane Terms:

Tropical Disturbance: An area of thunderstorms in the tropics.

Tropical Depression: An area of low pressure with sustained winds up to 38 (MPH) miles per hour.

Tropical Storm: A counterclockwise circulation with sustained winds 39-73 (MPH). A name is assigned to the storm.

Tropical Storm Watch: A tropical storm poses a threat to a specified area within 36 hours.

Tropical Storm Warning: A tropical storm is expected to strike a specified area within 24 hours.

2. Hurricane Terms:

Hurricane Season: June 1st through November 30th.

Hurricane Category Sustained Winds Anticipated Damage

1 74-95 MPH Minor

2 96-110 MPH Moderate

3 111-130 MPH Major

4 131-155 MPH Severe

5 Above 155 MPH Catastrophic

Hurricane Watch: A hurricane poses a threat to a specified area within 36 hours.

Hurricane Warning: A hurricane is expected to strike a specified area within 24 hours.

Storm Surge: An abnormal rise in tide caused by a hurricane as it moves over or near the coastline.

Evacuation Zones: Geographical zone or area on a map indicating evacuation priority. Everyone in the zone or geographical area may be asked by the appropriate authorities to leave that particular zone during a storm. Rivendell is in the Green Zone C. Many roads may be flooded. Route 681 is in the Blue Zone B and may flood before our area.

3. Tornado Terms:

Tornado: A powerful circular windstorm that can be accompanied by winds of more than 200 MPH. The size ranges from several hundred yards to more than a mile across. Tornadoes can occur at the same time as a hurricane.

Tornado Watch: A tornado may hit a specified area soon.

Tornado Warning: A tornado has been spotted, and is threatening to strike a specified area at any moment.

Waterspout: A tornado formed over warm water along the coast or over an inland body of water near the coast.

Microburst: A sudden energy release resulting in a burst of damaging horizontal winds that could reach 130-135 MPH.

B. Storm Information Resources

1. **Local Television**---Cable Channels provide continuous, updated, local information on threatening severe weather conditions, and may also broadcast Emergency Evacuation Bulletins.
2. **National Television**---The Weather Channel provides updates from the National Hurricane Center.
3. **Local Radio**---**WAMR: AM 1320** and **WSRZ: FM 107.9** have emergency power provisions to continue broadcasting. If your television is not working, you can listen to audio on **WLSS: AM 930**. Radios that provide power by hand cranking rather than battery power are available for purchase.
4. **National Weather**---A special NOAA (National Oceanic and Atmospheric Administration) Weather Radio updates weather messages every 1-3 hour. These are repeated every 4-6 minutes. NOAA is not available on a regular AM/FM radio. Obtain the code from the store where you purchase your radio.

National Hurricane website: <http://www.nhc.noaa.gov/>

5. **Residents may also want to review the following:** Hurricane season pamphlet(s) published in June each year by the Sarasota Herald-Tribune and WWSB-TV). Pamphlets are available at the post office and Home Depot.

C. Phone Numbers, Web Sites, and Addresses:

Disaster Planning

American Red Cross Southwest Chapter, 2001 Cantu Court, Sarasota, 941-379-9300; www.southwest-florida.redcross.org

Florida Division of Emergency Management: Hurricane, family, pets, preparedness, flood zones: www.floridadisaster.org

Sarasota County Government Links to maps, health advisories, and hurricane information: scgov.net

Weather: NOAA Official US Weather, marine, fire and aviation forecasts, and warnings: www.nws.noaa.gov

Weather: AccuWeather Commercial weather service, timely, free web weather site: www.AccuWeather.com

Weather Channel: www.Weather.com

Fire/Police/Sheriff/Ambulance/Animal Services

Emergency Only 911

Police Department 1350 E. Ridgewood Avenue, Venice Non-emergency 486-2444 / Fax 480-3027

Poison Control Center **Call 1-800-222-1212 directly.**

Sarasota Fire Department Non-emergency 941-861-5000

Animal Services 941-861-9500

Hotels and Motels

Bentley's Resort 1660 S. Tamiami Trail, Osprey, FL 34229 941-966-0169

Rivendell Management Company

Lighthouse Property Mgt. 16 Church St., Osprey 941-966-6844

Hospitals and Walk-In Clinics

Venice Regional Medical Center 540 The Rialto, Venice, 941-485-7711

Doctors Hospital of Sarasota 5731 Bee Ridge Road, Sarasota, 941-342-1100; www.doctorsofsarasota.com

Medi-Clinic Inc. 2107 S. Tamiami Trail, Osprey, FL 941-966-7640

Nokomis Walk-In Clinic 623 Tamiami Trail, Nokomis, 941-485-5645

Sarasota Memorial Hospital 1700 S. Tamiami Trail; Sarasota, 941-917-9000; www.smh.com

Possible Evacuation Shelters

Approved evacuation shelters are subject to constant change. Ask if pets are allowed.

Pine View School = 1 Python Path, Osprey 941-486-2001

Utilities

Electricity Florida Power & Light: 941-917-0708; 1-800-226-3545; www.fpl.com

Sewer Sarasota Co. Utilities SCES 941-861-6790

Water Sarasota Co. Utilities SCES 941-861-6790 or H2O2Go@scgov.net

Garbage Sarasota Co. Garbage Collection 941-316-7575

Comcast: 941-371-6700 www.comcast.com

Verizon: 1-800-483-4200 www.verizon.com

Recycling/Trash Sarasota Co. Waste Management 941-924-1254

Potential Utility Failures, Affected Items, and Suggested Alternatives

| Utility | Shut off Location | Affected Items | Suggested Alternatives |
|---------------------------|--|---|--|
| Power | Master Switch in load center in garage. Should be shut off if flooding threatens the house. | Lighting indoors/ outdoors Radio and TV Cordless phones Central alarm system Air Conditioning Garage door opener Washer/dryer/dishwasher Doorbell Battery chargers Range/microwave Refrigerator/freezer Pool: Turn off equipment | Flashlights, candles, torches Use Battery operated radio Hard wired phone Battery smoke detectors Release latch Keep stock of batteries BBQ (outdoors) / fill propane Fill freezer space with bags of ice. Keep doors closed. Super chlorinate early |
| Telephone Service | Pull out all connections to avoid damage from surges. | Cordless and hard wired phones | Use cell phones – charge early or have car charger |
| Water | Water shut off valves adjacent to the front curb. Also shut off at valve on side of house. | Toilets Sinks Baths Water to refrigerator | Fill baths (seal the outlet to prevent leakage) Bottled water |
| Comcast or Verizon | Pull out all connections to avoid damage from surges. | Cable TV Internet service | Use antenna TV or dish |
| Away from Home | | ATM Gas | Withdraw cash early Fill-up gas tanks early |

Social Links

<http://www.sarasotaweekly.com>

An up-to-date web site containing a shopping guide, business directory and community calendar of events for the Sarasota area. Web site is included for mental health / counseling opportunities during disasters.

RESIDENTS HELPING RESIDENTS

CAT SITTER: **Kay Adams**, a longtime resident of Rivendell and a stay-at-home mom, offers cat-sitting service to Rivendell residents. Kay is very responsible and loves cats. Reasonable rate. Call **941-966-2939** or email kayadamsart@gmail.com.

BABYSITTER: 14 year-old Rivendell Pine View student has certified American Red Cross Babysitter's Training with Pediatric First Aid and CPR. I absolutely love kids! Call **Zoe Gavette** at **941-918-8200**.

BABYSITTER: **Natasha Nielsen**, Pine View School junior, can watch your children while you go out. I can also help with homework. I am polite and responsible and am CPR certified through the American Red Cross. Call **941-966-1419**.

LAMPPOST REPAIR: Rivendell Resident **Bill Bloom** is offering lamppost repair services. Is your lamppost light staying on? Charge is \$40 for parts, labor and cleaning. Replacing a burned out bulb is \$15, and this includes new bulb and cleaning. Call 941-918-8386.

BABYSITTER: **Sivan Yohann**, **941- 408-5549**, a Pine View junior and a very experienced babysitter. I will keep your kids busy with soccer and crafts and all sorts of activities. I am extremely friendly and responsible! References available upon request.

BIKE REPAIRS, KAYAK AND BIKE RENTALS: **Mike and Sheila Lewis** offer free delivery and pick-up to Rivendell residents for bike and kayak rentals, bike repairs and maintenance. Call **941 346-1797** or email ssrentals@aol.com or visit their web site at www.siestasportsrentals.com

COMPUTER REPAIR AND INSTRUCTION PLUS ALL HOME ELECTRONICS (TABLETS, SMART PHONES, TV's, DVD's, NETFLIX and MORE): For Rivendell & Willowbend residents I charge a very reasonable \$20 an hour rate. I also offer flat charges such as \$40 max for any computer virus repair taking over one hour. I am a Rivendell resident with thirty years computer and home automation experience. Call **Gary Mruz 941-786-6019** or email gary.mruz@gmail.com

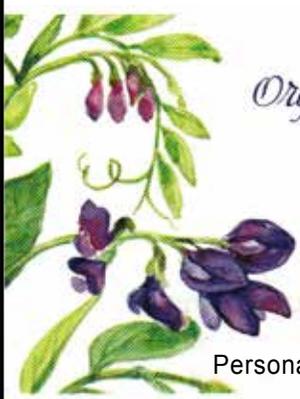
WANTED: CAVALIER KING CHARLES OWNERS! Do you have a well mannered, potty trained Cavalier and would like to reciprocate sitting services with me while you or I are away, or use as back-up in case of emergency? Must be up to date on all shots and flea/heartworm protected. No monies involved, just assurance that our babies are being well taken care of and loved while we are on vacation. Apollo would love to have a new friend. Call **Anita @ 941-321-0452** if interested.

BABYSITTER, PET SITTER: **Nathalie Michalowski**, resident of Rivendell, 25 years old, and certified babysitter/nanny, offers baby-sitting service. I'm very responsible, I love kids, and have 9 years experience. I also offer pet sitting service. References are available upon request. Please call at **941-726-5958**.

**SUBMISSIONS TO
RESIDENTS HELPING RESIDENTS**

Please send your name, phone number and a description of the service you can provide to other Rivendell residents.

**Email your information to:
Marilyn at marilynprobert@gmail.com**



Organizing By Barbara

917-280-2470

Organizing Solutions
Decorating & Design
Garden Design &
Personal Assistant Services Available



MEDICAL NEWS YOU CAN USE: Heartburn Therapy

Submitted by Ed Lin, Edited by Judy Sokal

Excerpt - GERD Management Update, 10/19/11 by Dr. William E. Golden & Dr. Robert H. Hopkins

Background: Gastro-esophageal reflux disease (GERD) is one of the most common conditions affecting adults. Studies suggest that patients with morbid obesity, typical GERD symptoms, and more severe esophagitis have worse treatment outcomes with medical therapy, and that older patients achieve better symptom control with medical treatment. Medical treatment with proton pump inhibitor (PPI) therapy and anti-reflux surgery are similarly effective in reducing symptoms and decreasing esophageal exposure to acid. PPIs are more effective than H2-receptor antagonists for achievement of symptomatic control within 4 weeks and for healing of reflux esophagitis by 8 weeks. Maintenance treatment with PPIs also has been shown to be superior for sustaining symptom control.

However, evidence remains insufficient to assess the effectiveness of the available endoscopic interventions for treatment of GERD compared with other endoscopic techniques, medical therapy, and/or surgery. Additionally, there is insufficient evidence to determine whether medical therapy or surgery for GERD is more effective for the prevention of long-term complications, including Barrett's esophagus, etc. There also is insufficient evidence to assess the benefits of treating chronic cough, laryngeal symptoms, and asthma of GERD with surgery or medications. The lack of specificity in attributing these manifestations to GERD makes this issue difficult to study specifically.

Treatment: Usual treatment goals for GERD include improvement of symptoms and quality of life, achieving/maintaining healing of esophageal erosions, and prevention of long-term complications such as Barrett's esophagus. There is not a consensus approach to achieving these goals. Continuous treatment with PPIs is associated with better GERD symptom control and quality of life than is intermittent "on demand" treatment over 6 months with each of the PPI regimens evaluated. *(In older patients, daily pantoprazole (40 mg) and rabeprazole (20 mg) have been shown to provide better symptom control and healing of esophagitis compared with over-the-counter omeprazole (20 mg) at 8 weeks. Daily esomeprazole (20 mg) has*

been shown to result in better endoscopic remission rates than OTC lansoprazole (15 mg) daily for 6 months. It is unclear whether these trial differences reflect clinically significant differences in practice.) Studies have not demonstrated a consistent difference in symptom relief/control or esophagitis healing rates between the following medications and doses: *(esomeprazole (10-40 mg), lansoprazole (15-30 mg), pantoprazole (20-40 mg), and deslanoprazole (30-90 mg). There is some evidence that rabeprazole (10 mg) may provide better symptom control than esomeprazole (40 mg) at 4 weeks, and that pantoprazole (40 mg) may improve symptoms better than esomeprazole (40 mg) at 24 weeks.)*

Role of Surgery: There are few to no comparative data on which to base recommendations for any particular anti-reflux surgical procedure for the treatment of GERD. For patients with GERD symptoms that are controlled with medical treatment, laparoscopic fundoplication provides symptom control at least equivalent to that provided by continued medical treatment for at least the first year after the procedure. Patients undergoing anti-reflux surgery in trials were found to have a variety of adverse outcomes. The frequency of these events is not predictable by easily identifiable preoperative factors such as patient sex, morbid obesity, degree of esophagitis, presence of hiatal hernias, and/or baseline symptoms.

Long-term treatment: Long-term use of PPIs is associated with headache, GI symptoms, increased risk of pneumonia, and infections. Recent studies have also demonstrated an increased risk of fractures with long-term PPI treatment, although the strength of this association is unclear.

Successful treatment of GERD in patients whose symptoms are poorly controlled with medical treatment remains a challenge. Despite the large number of medications and interventions available and the numerous clinical trials conducted, GERD remains a significant clinical problem.

<http://www.internalmedicineneeds.com/views/the-effective-physician-by-dr-william-e-golden-and-dr-robert-h-hopkins/blog/gerd-management-update/01157772ac.html>

Architectural Review Committee Report 06/24/2014

Attendees: Jim Stepien – Acting Committee Chair, Members: Jessica Fenton, John Martin and Board Liaison Joe Sefack

The ARC meeting was called to order at 6:10 PM with a quorum of Committee members present. The following applications were reviewed and decided upon for action.

| ITEM | ADDRESS | WORKPLAN | RESOLUTION |
|------|-------------------|--|--|
| 1. | 827 Golden Pond | Addition to back of house | Resolved: Approved Motion: John Martin 2nd: Jim Stepien Vote: Unanimous |
| 2. | 529 Meadow Sweet | Gutters front and back of house, Windows installed on lanai | Resolved: Approved Motion: Jessica Fenton 2nd: John Martin Vote: Unanimous |
| 3. | 743 Fordingbridge | Re-screen pool cage | Resolved: Approved Motion: Jim Stepien 2nd: John Martin Vote: Unanimous |
| 4. | 694 Clear Creek | Removal of 3 palm trees In front of house on corner Replace with new palms | Resolved: Approved Motion: Jim Stepien 2nd: Jessica Fenton Vote: Unanimous |
| 5. | 753 Placid Lake | Paint house Arizona Color Trim off white | Resolved: Approved Motion: Jim Stepien 2nd: Jessica Fenton Vote: Unanimous |
| 6. | 808 Shadow Bay | Paint house Lenox Tan, trim Deep in Thought, front door Scenic Drive. | Resolved: On hold Motion: 2nd: Vote: Unanimous |
| 7. | 1035 Scherer Way | Put up white gutters | Resolved: Approved Motion: Jessica Fenton 2nd: John Martin Vote: Unanimous |
| 8. | 870 Placid Lake | Plant 3 Areca/Majestic palms on left side of house | Resolved: Approved Motion: Jim Stepien 2nd: John Martin Vote: Unanimous |
| 9. | 1211 Lost Creek | Pressure wash entire roof, repair broken tile, bond roof, spray roof with Ceramic Marble coating, color white. | Resolved: Not approved Motion: Jim Stepien 2nd: John Martin Vote: Unanimous White roofs are not allowed. |
| 10. | 718 Fordingbridge | Replace sod with St. Augustine grass, repair irrigation, hedge at back. | Resolved: On hold Motion: 2nd Vote: Unanimous |
| 11. | 900 Scherer Way | Planting various flowers in front yard, 2 flowerpots, 2 boulders. Work already completed. | Resolved: On hold Motion: 2nd: Vote: Unanimous |
| 12. | 808 Shadow Bay | Replace current cage with bronze cage; extend cage straight across back of house | Resolved: On hold Motion: 2nd Vote: Unanimous |

ARC meeting adjourned at 7:10 pm. **Next meetings July 29 and August 26, 2014**

Next Architectural Review Committee (ARC) Meeting

The ARC Meets the **last Tuesday** of each month at 6:00pm

Location: Cottages Clubhouse

Applications are due to Lighthouse Management by the **third Tuesday** of each month.

NOTE: The ARC recommends that applications be received one week before the next meeting. Applications received after the monthly date will have to wait until following month.

REMINDER: If you are submitting an ARC Application Form for landscape changes, you must attach a copy of your Site Plan (also called a Survey of Lot or Plot Plan or Plat). Your application will NOT be reviewed without a copy and this would delay your work. The Site Plan should show names of specific plants and locations for proposed landscaping or fencing.

Dates, times, and locations of meetings are based on the information available at the time of publication.



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 (941)483-0030

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- Water Heater
- Drain Cleaning
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 electrical upgrade extra, if necessary)

**FREE
 ESTIMATES**

"Done Right the First Time."

White House Report on the Health Impacts of Climate Change on Americans

Submitted by Ed Lin, edited by Judy Sokal, excerpted from
"White House Release Report on the Health Impacts of Climate
Change on Americans," June 6, 2014



Today, the White House released a report on the health impacts of climate change on Americans. The report summarizes the ways that climate change will be felt across the Nation.

In the past three decades, the percentage of Americans with asthma has more than doubled, and climate change is putting those Americans at greater risk of landing in the hospital. And extreme weather events are becoming more frequent across the country – from more rain falling in downpours in many regions, to longer and hotter heat waves in others, to more severe droughts and wildfires in some (notably the West and Southwest).

The effects of climate change impact the most vulnerable Americans – putting the elderly, kids, and people already suffering from burdensome allergies, asthma and other illnesses at greater risk.

The President believes we have a moral obligation to leave our children a planet that's not irrevocably polluted or damaged. While no single step can re-

verse the effects of climate change, we must take steady, responsible action to cut carbon pollution, protect our children's health, and begin to slow the effects of climate change so that we leave behind a cleaner, more stable environment. That's why the President put forward the Climate Action Plan last year and earlier this week, the Environmental Protection Agency released a vital component of that plan – common-sense carbon pollution standards for existing power plants.

Through common-sense measures to cut carbon pollution we can protect the health of our Nation, while stimulating the economy and helping to prevent the worst impacts of climate change.

If you would like to read the report, please go to the following website: http://www.whitehouse.gov/sites/default/files/docs/the_health_impacts_of_climate_change_on_americans_.pdf

Sarasota County Fertilizer Ordinance

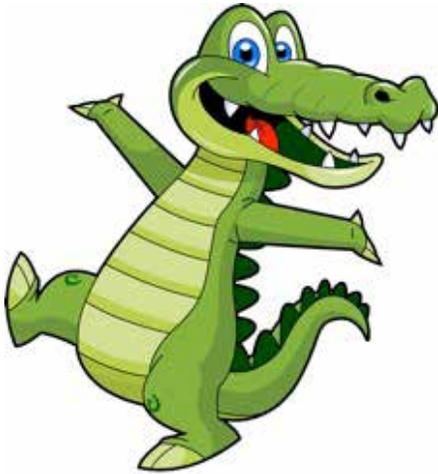
Sarasota County's fertilizer ordinance 2007-062, aims to cut down on the amount of pollution getting into area waterways. It prohibits applying fertilizers that contain nitrogen or phosphorus between June 1 and September 30. It sets a fertilizer-free zone within 10 feet of any body of water.

It requires training for commercial applicators.

It has penalties for violators.



**[https://www.scgov.net/WaterServices/Fertilizer%20Management/
Fertilizer%20Ordinance%202007-062.pdf](https://www.scgov.net/WaterServices/Fertilizer%20Management/Fertilizer%20Ordinance%202007-062.pdf)**



“Those who live in alligator territory are rightly concerned about their safety in the presence of these powerful reptiles. Both knowledge and perspective are important in our understanding of alligators and our relationship to them.”

Here is a helpful web link for anyone living near alligators.

Living Among Alligators - An Alligator Safety Guide
http://www.crocodopolis.net/lwa_safety.htm

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Phone Security

Excerpted from "Cyberproof Your Phone" by Sid Kirchheimer, AARP, May 2014.



Robberies in major cities will often acquire a mobile phone. But there are also cyber-crooks who target smartphones remotely to collect the users' stored data for identity theft. Smartphones access the Internet as well as text messages that are usually sent without encryption.

Ideas to stay safe:

1. If your phone has encryption, enable it. Learn how to do this at help.unc.edu/help/encrypting-cell-phones.
2. Use security software recommended by your carrier or phone manufacturer.
3. When using your smart phone to shop, use retailers' dedicated apps rather than your phone's browser."
4. Before installing apps, read their reviews and stick with trusted vendors such as Google or Apple. Avoid downloading apps that want your okay to reveal your identity and location.

5. Think before using public Wi-Fi networks. And don't leave Bluetooth connections open.

6. Don't auto-save your uses name and passwords on apps or if you use your smart phone to make financial transactions.

7. Clear the browser history often to prevent smartphone thieves from retracing your steps to hijack your accounts.

8. Install an app that will track and report the location of your phone if it is lost or stolen.

9. Ask your wireless carrier how to remotely erase stored data if your phone is lost or stolen. Back up that data on a cloud account.

10. Don't click on links in text messages or smart-phone emails from strangers.

11. Consider carrying a low-cost "dumb" phone to use when talking in public places. Thieves won't be interested.

12. Finally, lock your phone with a PIN or password.



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The Password is...

Excerpted from www.nea.org, Summer 2014



Remembering the combination for your high school locker was tough enough, but how is anyone expected to keep track of the different passwords you need to do anything on the Internet?

Using the same password for everything isn't safe, but establishing different passwords can become confusing. Here are a few ideas:

1. **Start with a phrase.** Pick a quotation or common phrase that is easy to remember. Use only the first letter of every word and add a random number or capital letter to increase the complexity. For instance, "To be or not to be" might turn into "tBon2B."

2. **Write down only what you need.** Instead of writing out your complete passwords, put down only what you need to know. For the above example, "Shakespeare" may be enough to jog your memory.

3. **Separate passwords and accounts.** Don't record the website or account along with the password. Maintain separate lists, or use some sort of code you'll remember: "Grandma's birthday present" instead of "Amazon.com" for example.

4. **Destroy the list** or put it somewhere secure and tell a trusted family member where it is so they can access the information in an emergency.



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www.rivendellcommunity.com
(password is osprey)

For other information regarding the Rivendell classifieds
please contact Gary Mruz gary.mruz@gmail.com



Hurricane Shutter Regulations Summarized

Clear (Lexan) hurricane shutters may remain up on the front of a house or street side of a corner house throughout the hurricane season, which lasts from June 1 to November 30.

Clear shutters or those painted to match the house or trim may remain up on other parts of the house that are visible from a street, alley or other home.

Any other shutters that are visible from a street, alley or other home may go up within 10 days of the expected arrival of a hurricane, and must come down within 2 weeks following a hurricane.

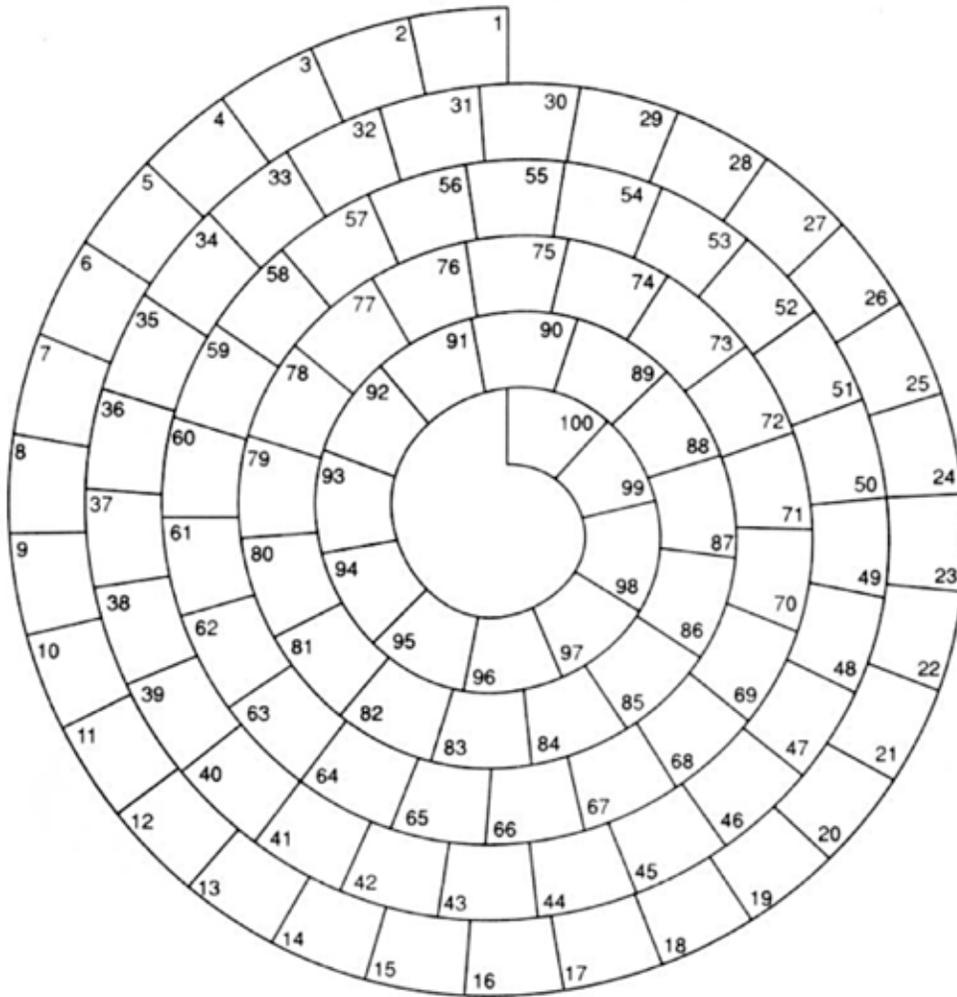
Because the amended hurricane shutter restriction gives every homeowner the ability to protect his or her house, whether here or away, the new deed restriction will be strictly enforced.

(Solution to Spiral Puzzle on page 18)

INWARD: Marge, letter, ragtime, denial, esteems, drowse, diastole, cobalt, sense, Ramadan, acetone, decal, Perez, albatross, analogy, Rome

OUTWARD: Emory, Golan, assort, ablaze, replace, denote, Canada, mares-nest, lab, ocelots, aide, swords, meets, Elaine, demit, garret, telegram

Spiral Puzzle By Marilyn Probert



Directions: Working simultaneously from each set of clues, insert letters working inward from 1 to 100 and outward from 100 to 1. When finished, only one letter will fit in each space for both series of words.
Solution on page 17

INWARD

- 1-5 Homer Simpson's wife
- 6-11 Written message
- 12-18 Jazz predecessor
- 19-24 Refusal to grant a request
- 25-31 Highly regards
- 32-37 Nod off
- 38-45 Rhythmic dilation of the heart
- 46-51 Metallic element used in pigments
- 52-56 Thomas Paine's *Common* _____
- 57-63 Islamic fast time
- 64-70 Nail polish remover
- 71-75 Transferable design
- 76-80 Actress Rosie
- 81-89 Large endangered seabird
- 90-96 Comparison
- 97-100 The Eternal City

OUTWARD

- 100-96 Newt Gingrich's Atlanta alma mater
- 95-91 Heights of Syria
- 90-85 Classify
- 84-79 Burning
- 78-72 Supplant, substitute
- 71-66 Signify, indicate
- 65-60 Birthplace of lacrosse
- 59-51 Chaotic condition (2 wds.)
- 50-48 Research room
- 47-41 Spotted cats, relatives of jaguars
- 40-37 Adjutant, assistant
- 36-31 Dueling weapons
- 30-26 Track competitions
- 25-20 Julia's character on "Seinfeld"
- 19-15 Abdicate, resign
- 14-9 Attic
- 8-1 Wired message

RCA Committees 2014

Communications

Board Liaison: Bobby Merrill
Chair: Carol Heckert (carolheckert@verizon.net)
Database Liaison: Barb Gahry
Block Captains: Cindy Schmidl
Newsletter: Linda Pearlstein, Judy Sokal, Kay Mruz, Marilyn Probert
Reporters: Mary Kennedy, Ed Lin, Pam Babbitt, Catherine Middleton, Norma Lee Rhines, Nancy Dobias
Reporter Representative: Mike Bergman
Webmaster: Gary Mruz

Architectural Review (ARC)

Board Liaison: Joe Sefack
Chair: Cindy Caria (cindyarc14@gmail.com)
Committee Members: Jim Stepien, Jessica Fenton, Bruce Lorie, John Martin

Maintenance Committee (combining Landscape/ Environmental & Pool)

Board Liaison: Walter Perkowski
Chair: Jim Stepien (jimstepien@gmail.com)
Committee Members: Bill Bloom, Dave Gill, Sallie Hawkins, Carol Heckert, Carole Myles, Curt Kennedy, Joe Lucente

Access the Rivendell website at: <http://www.rivendellcommunity.com>

Your input and feedback are always encouraged and welcomed.

Deadline: Submit articles and information to Judy Sokal (judysokal@gmail.com) by the tenth of the month.

Sarasota County Sheriff

Non-emergency Contact number for our area is:
316-1201

Please use this number for non-emergencies

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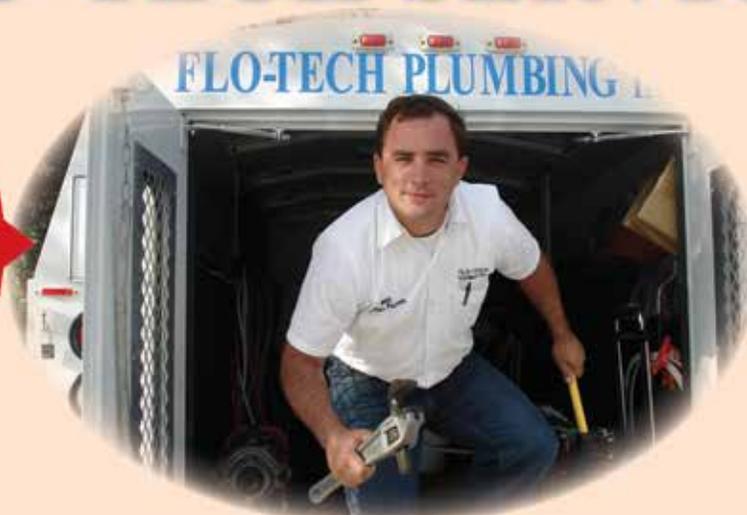
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