



# The Woodlands Word @ Rivendell

*Your  
Community Resource*

**JANUARY 2015**

## **Candidates Sought for Board of Directors**

**By Carol Heckert**

The terms of two Board members are expiring. The Board members are Bobby Merrill and Walter Perkowski. Bobby and Walter are both running for a second term of office, but others are invited to run as well. If you are interested in becoming a candidate, please submit a Letter of Intent to Lighthouse Property Management. The letter should consist of 2 paragraphs, with a word count of 250-350 words. The first paragraph should briefly describe your background, plus any experience that qualifies you as a candidate. The second paragraph should describe what you want to accomplish for the community as a member of the Board.

The Letter of Intent should be sent to our property manager (shannonbanks@mgmt.tv) and her assistant (tinabeaver@management.tv) at Lighthouse Property Management **before January 5**. If you have any questions, you can call either Lighthouse at 966-6844 or a member of the Nominating Committee. The Nominating Committee members are Barbara Gahry, Mike Bergman, Gary and Kay Mruz.

## **ANNUAL MEETING**



### **MARK YOUR CALENDAR FEBRUARY 2nd 2015**

**The Rivendell Annual Meeting will  
be held February 2nd 2015 6pm at  
Bentley's Hotel Osprey Florida.**

**Be sure to mail your voting ballots  
to Lighthouse Management  
to ensure we have a quorum  
for elections.**

**You can also bring your ballots  
to the meeting in person.  
We hope to see all Rivendell  
residents at the meeting!**

## **Highlights of December 1 Board of Directors Meeting By Carol Heckert;**

**Reviewed by Bobby Merrill**

Attending: Gwen Stepien, Vinny Barone, Joe Sefack, Walter Perkowski, Bobby Merrill

Property Manager's Report: Sidewalks and street lights repaired, Crescent Park tree removed.

Treasurer's Report: We are under budget by \$39,792. Fees past due, \$30.883. Write-off of \$399 approved.

ARC Report: Meeting postponed until December 2.

Maintenance Committee Report:

- There is a pump problem at the front of the community
- Heat pump impellor a problem at the pool; pump under warranty
- Dead pine trees removed
- Requested \$400 to clean up buffer area behind the community pool. Approved. Director Barone requested that this item be included in future contracts.

(Continued on Pg.2)

(Highlights of December 1 continued from Pg.1)

- Requested \$1,650 for Rivendell Park clean-up. Approved.

Communications Committee Report:

- Committee chair questioned how Board candidates' biographies would be publicized, given that the Annual Meeting precedes delivery of February newsletter. Shannon Banks said that candidates' biographies will appear in the Annual Meeting packet that is mailed to all homeowners.
- Director Barone requested that information about types of disease-free palm trees be published in the newsletter.

New Business:

- Nominating Committee has been appointed. Members are Barbara Gahry, Mike Bergman, Gary and Kay Mruz.
- Director Sefack asked Shannon Banks to send management and insurance review information to Board members for discussion at the January Board Meeting.

Homeowner Comments:

- Questioned survey by Pine View School on Pine View Path. Shannon Banks will find out what school is planning.
- Rezoning hearing on area south of The Cottages scheduled for Dec. 9.
- Requested confirmation that a committee meeting can take place if chairperson is absent. It can, but a quorum is required.
- Request that broken curbing be repaired. A request has already been submitted to the County.
- Questioned removal of alligators. If aggressive, an alligator more than 4 feet long will be removed by a trapper.


Next Board Meeting: January 5, 6 PM, at Historic Spanish Point.

### **Next Maintenance Committee Meeting**

The Maintenance Committee meets the last Wednesday of each month at 7pm in the Cottages Clubhouse

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**THANK YOU, Jeffrey Zych**  
**for hanging the community's**  
**holiday decorations this year!**  
**Your efforts are greatly**  
**appreciated and enjoyed by**  
**all!**

*Thank You* 

### **Next Rivendell Board Meeting**

Jan. 5th, 2015  
 6pm at Historic  
 Spanish Point in Osprey

Any changes to this date will be  
 posted on the website  
[www.rivendellcommunity.com](http://www.rivendellcommunity.com)

## Message From the President

This will be the end of my first full year as President. Although we have had a few problems, I have enjoyed helping homeowners when possible while maintaining our deed restrictions.

I am sure there will be some nice ideas that come up for our community in the new year. I thank everyone for keeping our neighborhood looking good. I hope everyone liked the holiday decorations this year. Maybe we can add to them next year. If you have ideas that you would like to see, let us have your thoughts.

I must give a "big thank you" to the maintenance chair and committee. They are keeping everything looking good, especially now that we have irrigation throughout the community.

We have had problems keeping the pool at a warm temperature. We have had a few failures with the heat pumps. We must remember that when we get cold spells the pumps work extra hard to bring the water up to temperature.

One other thing I would ask everyone: if you have an oak tree outside the front of your house, please brush the acorns off the sidewalk, as these can be dangerous when walking day or night.

Thank you all for helping keep this a great community.

A BIG HAPPY NEW YEAR TO EVERYONE.

*Gwenda Stepien, President*



## The Password is... Excerpted from [www.nea.org](http://www.nea.org), Summer 2014

Remembering the combination for your high school locker was tough enough, but how is anyone expected to keep track of the different passwords you need to do anything on the Internet?

Using the same password for everything isn't safe, but establishing different passwords can become confusing. Here are a few ideas:

1. **Start with a phrase.** Pick a quotation or common phrase that is easy to remember. Use only the first letter of every word and add a random number or capital letter to increase the complexity. For instance, "To be or not to be" might turn into "tBon2B."
2. **Write down only what you need.** Instead of writing out your complete passwords, put down only what you need to know. For the above example, "Shakespeare" may be enough to jog your memory.
3. **Separate passwords and accounts.** Don't record the website or account along with the password. Maintain separate lists, or use some sort of code you'll remember: "Grandma's birthday present" instead of "Amazon.com" for example.
4. **Destroy the list** or put it somewhere secure and tell a trusted family member where it is so they can access the information in an emergency.



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## Protecting Your Computer from Viruses

### By Gary Mruz



Recently a “ransomware” virus has cropped up which is a cause for concern because it is imperious to most, if not all, anti-virus software. There are thousands of active virus issues out there and dozens of new issues daily of this magnitude and worse. Here are key points that will help you protect your computer data. Every week I speak about these points across Rivendell.

1) If you have critical documents and photos on your computer you should ensure those items are backed up at appropriate intervals to protect from hard drive failures or virus issues. No computer is backed up automatically when you purchase it new. Investigate backup options using USB FLASH DRIVES or EXTERNAL HARD DRIVES. Ensure your backups complete successfully and unplug the backup medium (USB FLASH DRIVE or HARD DRIVE) from the computer until the next time you perform the backup. These backups can also be stored off site for added protection from theft and fire.

2) To protect your computer from virus and Malware issues you must ensure all three of these protection points are met:

a) Ensure all Operating System, Adobe and Java updates are accepted and kept current. The companies behind these updates are working every week to close vulnerability holes and to apply other protections.

b) Ensure you have one anti-virus application running.

c) MOST IMPORTANT - your personal actions are the most critical component in keeping your computer secure. Do not click on links on web pages that look suspicious or that attempt to trick you with messages promising free items or offering to repair your computer. Be skeptical of all email messages that contain links or attachments. Do not click the links from email or open attachments until you are 100 percent sure in your mind that the items are safe. If you cannot determine if the items are safe (for example by contacting the originator of the message) then you should delete the email immediately. In summary, be on guard and take steps to authenticate every web link, email link or email attachments to ensure you are opening a safe link or file.



## Clothing Donations Needed!

The Laurel Nokomis Clothes Closet would like your gently used children and adult clothing.

Please drop off your donations at  
771 Fordingbridge Way

(Judy Sokal's house, please leave items on the front porch.)

Call 941-966-5904 or email [judysokal@gmail.com](mailto:judysokal@gmail.com)  
to let Judy know that you have left a donation.



## **MAINTENANCE COMMITTEE Report**

### **November 28, 2014 - By Jim Stepien, Chair**

Members attending: Carol Heckert, Carole Myles, Jim Stepien, Chair and Walter Perkowski, Board liaison

I would like to take this time to give a report of the past year's accomplishments as well as thanking those individuals that have helped throughout that time.

The largest project undertaken in the community was the installation of irrigation and electricity in six areas that had been neglected by the original developers. The addition of the irrigation has turned areas that were either browned out or just dust into sustainable green grass and landscaped areas that enhance our entire community.

The aforementioned electrical portion of the project allowed us to add landscape uplighting in areas that were dark and uninviting. We feel that this has increased safety, enhanced the landscaping while making walking in our community more enjoyable. We also provided lighting to our community entrance on Scherer Way and at the bridge on Rivendell Blvd.

Also, we were able to increase our community's holiday decorations through the additions of holiday lighting. I hope they have helped to brighten everyone's spirits during this festive season. Jeff Zych of Placid Lake Dr. deserves thanks from all of us for donating his time to install the community's decorations – Well done, Jeff!

The fence along Old Venice Rd. to our entrance has been redesigned to with a variety of colorful plants to enhance the visual appeal of our community. Additionally, areca palms have been planted behind the entire fence length to provide a more uniform look while also providing additional privacy for Cottages homeowners.

The traffic island at the intersection of Placid Lake Dr. and Rivendell Blvd. has been redesigned with the use of flowers on the end caps to provide seasonal interest. The flowers will be changed out four or five times each year.

Many dead pine trees have been removed throughout the community. We will be looking into replacing these trees where it is appropriate. Also, a number of very tall Washingtonian palms have been removed and will be replaced with foxtail

palms and/or sabal palms at our main entrance on Old Venice Road. The foxtails will unify and balance the entrance landscaping.

And now on to the report:

Crescent Park is being revitalized with new swings, wood replacement, repaired sidewalks, restored wood on the gazebo and increased plantings.

We have also changed landscape companies over the summer – we now use West Bay Landscaping. We believe the community common areas are looking very good while we are continuing to improve our many natural/park areas.

We are pleased with the efforts of our lakes contractor – Aquatic Systems and our preserve/wetlands contractor – Aquagenix. They continue to help our community meet all county and state requirements.

New lake and park signage was installed for easy identification and yet be less intrusive to the natural settings.

Many enhancements were made to the pool restrooms by installing electric hand dryers, electric soap dispensers, new mirrors and automated lighting and fans. We also replaced the second heat pump to ensure a more comfortable water temperature. We also changed pool maintenance companies and are pleased with their performance.

I would like to thank the small but dedicated group of homeowners who volunteer their time to help keep The Woodlands at Rivendell such a beautiful and nice place to live. They are Bill Bloom, Dave Gill, Sallie Hawkins, Carol Heckert, Curt Kennedy, Joe Lucente, Carole Myles and especially Board liaison Walter Perkowski. We should also thank the entire volunteer Board of Directors for their efforts to keep our community beautiful.

We hope everyone had a joyous and fulfilling holiday and look forward to another fantastic year in our small bit of paradise. One last item, we need and are always looking to welcome more volunteers to help the Maintenance Committee.

**HAPPY NEW YEAR!**

**The MC meets the last Wednesday of each month at the Cottages Clubhouse at 7:00 PM.**

## Places to Go: Ted Sperling Park

Excerpted from two sources: [www.uniquesarasota.com/unique/south-lido-county-park](http://www.uniquesarasota.com/unique/south-lido-county-park) and [www.scgov.net/beaches/Pages/SouthLido](http://www.scgov.net/beaches/Pages/SouthLido)



Ted Sperling Park is a gateway to four bodies of water: the Gulf of Mexico, Big Pass, Sarasota Bay and Brushy Bayou. There are beaches, birding opportunities, and a paddling trail through a diverse ecosystem with scenic landscapes and wildlife viewing.

**Where:** Southern Entrance - 2201 Benjamin Franklin Drive, Lido Key

Northern Entrance - 190 Taft Drive, Lido Key

**How Far:** a 30-minute drive from Rivendell

**Admission Fee:** Free

**Hours:** 5 AM – 11 PM daily

**Amenities:** Southern End: Beach, nature trails, observation tower, boardwalks, designated swimming areas, lifeguards on duty during weekends from Memorial Day to Labor Day, picnic area, benches, grills, playground, volleyball court, horse-shoe court, parking, and restrooms.

Northern End: canoe/kayak launch, canoe/kayak trails, picnic tables, parking, and restrooms.

**Experiences:** From the southern beach section, enjoy the white sands of the Gulf of Mexico and New Pass, and views of Sarasota Bay, including Sarasota's downtown skyline in the distance. Nature trails leading to Brushy Bayou or walking the beach along New Pass provide opportunities to view wildlife from shore. Swim in designated areas only due to swift currents. A separate facility at the north end of the park includes a canoe/kayak launch and is the gateway for Otter Key and Lido Key's mangrove tunnels. The one-mile paddling trail offers a look

at ecosystems and sea grass beds in the lagoon. The sea grass provides food and protection for channeled whelk, hermit crab, and mullet among other marine animals. The paddling trail includes tunnels through the mangroves, affording a view of the complex red mangrove root system. It also includes paddling by islands that provide habitat for nesting water birds such as brown pelicans, great blue herons and great egrets.

**History:** During the nineteenth century, Lido Key consisted of a series of islands separated by shifting channels. An early immigrant pioneer, Otto Schmidt Zoldan, settled on the islands and acquired them in 1910. John Ringling later purchased the properties. Ringling developed his island properties by manipulating the shapes of the islands through moving millions of cubic feet of sand. Because of his interest in Italian culture, Ringling named one of the newly created islands "Lido," which means "beach" in Italian. However, the great Florida Land bust of 1926 led to the collapse of the Ringling Isles project and abandonment of plans for the southern part of Lido Key. In the late 1960s, developers and environmentalists clashed over how best to use this 100-acre parcel. Ted Sperling, for whom the Park was renamed in 2009, was a city commissioner and one of the leaders of the Save Our Bays movement. In 1974 the public approved the County Government's purchase of the 100-acre parcel for use as a recreational area and public open space.

## Fusarium Alert and Replacement Trees

### By Vinny Barone

Fusarium is a non-curable infectious Queen and Washingtonia Palm disease detected in The Woodlands at Rivendell. Fusarium is a quick killing disease that spreads swiftly as it kills the tree. There is NO preventative maintenance, cure, or treatment. The disease spreads by wind, root systems, insect transmission and/or pruning tools.

#### **SYMPTOMS**

**QUEEN PALMS:** Oldest palm fronds [leaves] turn brown, but do not break or hang down, as normal palm fronds do. The youngest fronds in the canopy will turn varying shades of yellow. Eventually, the entire palm canopy turns brown. Symptoms are different from potassium nutrient deficiency, whereby frond leaflets will be brown but the petiole (that is, the stem of the palm frond between the trunk or frond leaf base and the start of the frond leaflets) will be green. With the disease, both the frond leaflets and the petiole are brown.

There is a brownish-red stripe on the frond-leaf petiole at the point where it is bending out of the canopy. The petiole is not soft and rotted, rather simply discolored. Cross-sections through the petiole reveal internal discoloration. Fronds may exhibit one sided death symptoms, where the frond leaflets on one side of the frond are brown but the fronds on the other side are green, with the brownish-red stripe on the petiole corresponding to the side with the dead frond leaflets.

**WASHINGTONIA PALMS (Mexican Fan Palms):** Symptoms will also have more brown lower fronds and younger fronds that are partly green and partly yellow or brown. The petioles of these fronds will have a brown to reddish-brown stripe. Cross-sections through the striped petiole may have an internal discoloration. The individual frond symptoms can look the same as the petiole blight, another disease of Mexican fan palms, but petiole blight is not normally a fatal disease, whereas fusarium decline is swift and deadly for the palm.

#### **SUGGESTED PALM TREE REPLACEMENTS**

To assist our fellow homeowners in selecting replacements, I suggest considering the following to replace your dead, diseased palm trees:

*(They are resistant to fusarium disease, and many other diseases affecting palm trees.)*

- \*AUSTRALIAN FOUNTAIN PALM
- \*CHINESE FAN PALM
- \*FISHTAIL PALM
- \*GUADALUPE PALM
- \*LADY PALM
- \*MAJESTIC PALM
- \*MEXICAN BLUE PALM
- \*PINDO PALM
- \*PYGMY DATE PALM
- \*SAN JOSE HESPER PALM
- \*SENEGAL DATE PALM
- \*TRIANGLE PALM

#### **PLANTING REPLACEMENT PALMS**

It is recommended that a Queen palm or Washingtonia or Mexican Fan palm not be planted back into a site where one of these species has died from Fusarium wilt. Homeowners are encouraged to contact the Florida Extension office or an arborist for professional advice in diagnosing diseased trees and for planting replacement trees.

#### **NUTRITIONAL MAINTENANCE**

Keep your palm trees healthy with 2, and, preferably 4, nutrient applications annually. Select a Nutrient Slow Release Granulate of Nitrogen, with soluble Magnesium-Potassium-Iron-Copper Sulfates-Phosphate-Potash blend. It is by far the best. However, most old school landscapers prefer Epsom salts, as they do the trick quickly.





## PET PHOTOS NEEDED!

The 2015 Rivendell Directory is being prepared.  
We need photos of your pets to include in the directory.

Please email JPG photos to  
[gary.mruz@gmail.com](mailto:gary.mruz@gmail.com)

Within the email please include your name, your pet's name(s) and type / breed of pet. All photos submitted will be sent to the publisher and they will choose the photos to include within the directory.

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**RESIDENT & AGENT**



## Southside Grill For Lunch By Judy Sokal

Recently, a friend and I decided to try out the new Southside Grill, (just below Sarasota Square Mall, previously known as J. Ryan.) The décor was similar-warm and inviting, and the original bar area and two dining rooms had not changed. The tables and booths were well spaced to give diners a feeling of privacy and fine dining.

I decided to try the Po Boy Catfish sandwich (without the roll, as I am gluten free these days.) The corn meal encrusted fish was absolutely delicious, and the accompanying fries were really good too. My friend sampled the quiche of the day, turkey and cheddar, and soup of the day, crab bisque, and reported that both were excellent.

The restaurant was not crowded -- plenty of tables, and the service was excellent. I also thought that the meals were a good value -- not too pricey at all for the quality of the food.

Southside Grill has an excellent website (southsidegrillsrq.com,) so that you can check out the full menus for all meals. It is located at 8389 Tamiami Trail South, phone # 941-487-8427.



## Book Group Schedule By Marilyn Probert

The Book Group will discuss *Orphan Train*, a novel by Christina Baker Kline, at our January 12, 2015 meeting. This is the story of two women: a young rebellious teenager, Molly who is about to "age out" of the foster care system, and an elderly woman, Vivian, who also had been orphaned as a youngster. To avoid going to "juvie" Molly agrees to community service, which involves helping Vivian clean out her attic. As they work together the two discover that they have much in common despite their age difference. Molly had been bounced from home to home; Vivian had been put on an "orphan train" and sent "out West somewhere," along with hundreds of other children, in hopes that the orphans would be taken into good homes. Sometimes they were well treated, sometimes not. Barb Gahry will host at her home at 699 Rivendell Boulevard; please call Barb at 966-5828 if you'd like to attend.



On February 9 the selection will be *Wild: From Lost to Found on the Pacific Crest Trail* by Cheryl Strayed. After being blind-sided by the untimely death of her mother and then divorce from her husband, Ms. Strayed decided to hike the Pacific Crest Trail from the Mojave Desert through Oregon to the Washington border. The memoir contains flashbacks to her prior life that led her to decide to take this journey unaware that she was woefully inexperienced for this type of trek.

A novel, *Me Before You* by JoJo Moyes will be the subject for the March gathering. Louisa Clark takes a job caring for Will Traynor, who had had a full and exciting life before becoming wheel chair bound following an accident. Will now feels that he has nothing to live for; Lou endeavors to change his mind.

Book Group meetings are open to all Rivendell residents. We meet at 7:30 pm on the second Monday of the month. Please call the month's hostess if you'd like to attend.

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## RESIDENTS HELPING RESIDENTS

**CAT SITTER:** **Kay Adams**, a longtime resident of Rivendell and a stay-at-home mom, offers cat-sitting service to Rivendell residents. Kay is very responsible and loves cats. Reasonable rate. Call **941-966-2939** or email [kayadamsart@gmail.com](mailto:kayadamsart@gmail.com).

**BABYSITTER:** 14 year-old Rivendell Pine View student has certified American Red Cross Babysitter's Training with Pediatric First Aid and CPR. I absolutely love kids! Call **Zoe Gavette** at **941-918-8200**.

**BABYSITTER:** **Natasha Nielsen**, Pine View School junior, can watch your children while you go out. I can also help with homework. I am polite and responsible and am CPR certified through the American Red Cross. Call **941-966-1419**.

**LAMPPOST REPAIR:** Rivendell Resident **Bill Bloom** is offering lamppost repair services. Is your lamppost light staying on? Charge is \$40 for parts, labor and cleaning. Replacing a burned out bulb is \$15, and this includes new bulb and cleaning. Call **941-918-8386**.

**BABYSITTER:** **Sivan Yohann**, **941- 408-5549**, a Pine View junior and a very experienced babysitter. I will keep your kids busy with soccer and crafts and all sorts of activities. I am extremely friendly and responsible! References available upon request.

**BIKE REPAIRS, KAYAK AND BIKE RENTALS:** **Mike** and **Sheila Lewis** offer free delivery and pick-up to Rivendell residents for bike and kayak rentals, bike repairs and maintenance. Call **941 346-1797** or email [ssrentals@aol.com](mailto:ssrentals@aol.com) or visit their web site at [www.siestasportsrentals.com](http://www.siestasportsrentals.com)

**COMPUTER REPAIR AND INSTRUCTION PLUS ALL HOME ELECTRONICS (TABLETS, SMART PHONES, TV's, DVD's, NETFLIX and MORE):** For Rivendell & Willowbend residents I charge a very reasonable \$20 an hour rate. I also offer flat charges such as \$40 max for any computer virus repair taking over one hour. I am a Rivendell resident with thirty years computer and home automation experience. Call **Gary Mruz** **941-786-6019** or email [gary.mruz@gmail.com](mailto:gary.mruz@gmail.com)

**WANTED: CAVALIER KING CHARLES OWNERS!** Do you have a well mannered, potty trained Cavalier and would like to reciprocate sitting services with me while you or I are away, or use as back-up in case of emergency? Must be up to date on all shots and flea/heartworm protected. No monies involved, just assurance that our babies are being well taken care of and loved while we are on vacation. Apollo would love to have a new friend. Call **Anita @ 941-321-0452** if interested.

**BABYSITTER, PET SITTER:** **Nathalie Michalowski**, resident of Rivendell, 25 years old, and certified babysitter/nanny, offers baby-sitting service. I'm very responsible; I love kids, and have 9 years experience. I also offer pet sitting service. References are available upon request. Please call at **941-726-5958**.

### Rivendell Residents

Please send your name, phone number, and a description of the service you can provide to other Rivendell residents.

Email your information to Marilyn at [marilynprobert@gmail.com](mailto:marilynprobert@gmail.com)



### COMING SOON TO YOUR MAILBOX

**Lighthouse Management will be mailing the February annual meeting agenda, candidate bios, ballots and proxies to all Rivendell Residents.**

## Kale Salad with Preserved Lemon & Walnuts

### Recipe courtesy of EatingWell.com



In this kale salad recipe, we massage dressing into the kale leaves until they're tender and coated with flavor. Topped with bold Mediterranean flavors—olives, walnuts and preserved lemons—this healthy salad is as delicious as it is nutritious. Look for preserved lemons at specialty-foods shops or online at [surlatable.com](http://surlatable.com). Or, to make your own, see the tips section below.

• Servings: 8 (about 1 cup each) • Time to Make: 20 minutes

#### Ingredients

**1 small clove garlic, minced**

**½ teaspoon salt**

**¼ cup extra-virgin olive oil**

**2 tablespoons lemon juice**

**1 teaspoon dried oregano**

**½ teaspoon freshly ground pepper**

**10 cups thinly sliced kale (from 1 large bunch)**

**½ cup coarsely chopped toasted walnuts (see Tips)**

**¼ cup pitted Kalamata olives, quartered**

**2 tablespoons finely chopped rinsed preserved lemon rind (see Tips) or rinsed capers**

Mash garlic and salt together on a cutting board with the side of a chef's knife (or in a bowl with a spoon) to form a paste. Transfer to a large bowl.

Whisk in oil, lemon juice, oregano and pepper to combine. Add kale to the bowl. With clean hands, massage the kale until it's well coated with the dressing and reduced in volume, about 1 minute. Transfer to a platter and sprinkle with walnuts, olives and preserved lemon (or capers).

#### Tips

To toast chopped nuts, cook in a small dry skillet over medium low heat, stirring constantly, until fragrant and lightly browned, 2 to 4 minutes.

Preserved lemons are lemons that have been soaked in a salt-lemon mixture for at least 30 days. Their salty sourness is a signature flavor in Moroccan dishes. They can be found at specialty food stores or online at [mustaphas.com](http://mustaphas.com).

To make your own: [http://www.eatingwell.com/recipes/preserved\\_lemons.html](http://www.eatingwell.com/recipes/preserved_lemons.html)

**Nutrition:** Per serving: 166 calories; 13 g fat (2 g sat, 7 g mono); 0 mg cholesterol; 11 g carbohydrates; 0 g added sugars; 4 g protein; 2 g fiber; 253 mg sodium; 420 mg potassium.



## A LOOK at the BUDGET

### RIVENDELL 2015 BUDGET

All Rivendell Residents can pick up a copy of the 2015 annual Rivendell Community Association budget at the Lighthouse Property Management office located at 16 Church Street.

A copy of the 2015 budget will also be posted to the Rivendell website within the password protected RESIDENTS/ INFORMATION section.

Please use the password **osprey** in lowercase.  
[www.rivendellcommunity.com](http://www.rivendellcommunity.com)



## Walking for Wellness

**Resources: WebMD and Mayo Clinic**  
**Can you really walk your way to better health?**



Absolutely! Physical activity doesn't have to be complicated. Brisk walking is one of the easiest ways to exercise and help you live a healthier life. It is a form of aerobic exercise that increases your heart rate for an extended time, and helps strengthen your heart, lungs, and muscles.

### Brisk Walking can help you:

- Prevent or manage various conditions: heart disease, high blood pressure and type 2 diabetes.
- Maintain weight.
- Strengthen your bones.
- Lift your mood.
- Improve your balance and coordination.

Walking is the most widely accepted form of exercise because it is simple and can be done just about anywhere. Aim for at least 30 minutes of physical activity each day. If you can't get to 30 minutes, try two 15-minute sessions or three 10-minute sessions during the day.

### Some helpful tips to get you started:

- Start with small, easy-to-reach goals first.
- Try walking for 5 or 10 minutes every day or increase your number of steps by 300 to 500 each day.
- Wear a pedometer to track your steps each day or use your smart phone to track the amount of time you spend walking.
- Stay motivated - find a walking buddy such as a family member, friend, neighbor or your dog.
- Use stairs instead of an elevator, or park your car in the back of the parking lot.
- Walk to talk to your friends or co-workers instead of emailing or calling them.
- When a friend visits, make a suggestion to walk and catch up instead of staying inside.
- Make sure to wear proper shoes to walk in to avoid injury.
- Don't forget to warm up and stretch your muscles before and after you walk.

## Top 40 Professionals 2014



## How to have Confidence in Social Situations

**Blair Post, HAS, BC-HIS, ACA**

Board Certified Hearing Instrument Sciences  
 American Conference of Audioprosthology

The better headline would be, **Being Sexy and Attractive** in Social Situations.

We all know that the most appealing aspect is confidence. We all have been in a situation when we felt uncomfortable and it resulted in feeling unattractive. We all have that one moment we looked great and knew it. **That confidence.** That indefinable "I feel great about me."

That is the feeling I want you to have when you are out socializing.

Take a moment; think about the last four weeks and what activities you confidently participated in. Now, think about **any activities** you may have **avoided** since you knew it would not go well for you.

Are you limiting your lifestyle due to hearing challenges? If you **answered yes**, call me.

Many times I have been asked, "What is the best hearing device available?"

My response is always the same, "It all depends on your needs and lifestyle."

Now that probably sounds like a non-answer. So, let me explain. For anyone who is really active; social in groups, attends meetings or community functions, dining out, you want the best circuit that would handle such a demanding lifestyle. You want a circuit able to understand conversations in crowded environments. These social activities will be part of the recipe for a successful match to your hearing loss.

**CALL ME** to have an evaluation and try the device best matched to you so **you can have Confidence in Social Situations.**

**(941) 244-9300**

**Contemporary HEARING**

*Matching your lifestyle to new technology*

**242 Tamiami Trail So, Venice, FL 34285**

On Venice Island, between the lights at

Miami Ave and Milan Ave on southbound side.

Set back from the road with FRONT DOOR parking.

**ContemporaryHearing.com**



**RIVENDELL COMMUNITY ASSOCIATION, INC.**

A Corporation Not for Profit

Editors' Note: The following are the official minutes of the Rivendell Board of Directors. As such, they are published as they are received. The Woodlands Word is not responsible for any errors in spelling, grammar, or content. The official Board Minutes can also be viewed on-line at the Rivendell website.

**MINUTES OF THE BOARD OF DIRECTORS MEETING**

**November 5, 2014**

A *REGULAR MEETING* of the Board of Directors was scheduled to be held at 5:30 P.M., at the Historic Spanish Point at 337 N. Tamiami Trail, Osprey, Florida.

The meeting was called to order at 5:30 P.M., by Shannon Banks of Lighthouse Property Management.

Notice of the meeting was delivered to each Director and posted on the property prior meeting, in accordance with the requirements of the Association Documents and Florida Statutes.

The following Directors were present:

Vincent Barone      Bobby Merrill      Joe Sefack      Gwen Stepien

Walter Perkowski; A quorum was declared to be present.

On matters relating to the minutes of the previous meeting a motion was made by Ms. Stepien and seconded by Mr. Sefack to approve the Regular Board of Directors meeting minutes of October 6, 2014. The motion was passed.

**REPORTS OF OFFICERS,**

**Manager's Report,** Ms. Banks provided a report (see attachment #1 on page 15).

**Treasurer's Report,** Mr. Merrill provided a report that as of September 30th we are below budget in our landscape fund. The Association is right on track regarding the overall budget. The accounts receivable over 90 days are approx. \$35,277.00.

**Committee Reports,**

**ARC,** Mr. Sefack reported there were ten (10) applications processed at the October meeting; seven (7) were approved and three (3) were put on hold. The Next ARC Committee meeting is scheduled for November 25th. The ARC committee has presented the Board with suggested guidelines in regards to roof sealing projects and a vetting process for roofing vendors. Mr. Barone expressed his suggestion that the Board omit the vetting process included in the proposed guidelines. It was discussed and the Board expressed that these are guidelines that allow them to expand the options available to owners and can be adjusted in the future. A motion was made by Mr. Sefack and seconded by Mr. Perkowski:

**MOTION 14-34:** to approve the suggested guidelines as presented by the committee. 4 Board members voted in favor and Mr. Barone voted against Motion Passed

**Maintenance Committee,** Mr. Stepien reported the following:

- Mulch currently being installed
- Dead Palms removed
- Notice of a disease in palms though out community  
    Notice to owners: Newsletter, Email Blast, Violation Notices
- Foxtail Palms at the front entrance will be scheduled for install soon
- Pines to be removed within the next few weeks
- Areca Palms were installed along the fence along Old Venice Ave.



It was reported that Bill Bloom has presented the committee with his resignation. Mr. Stepien noted his appreciation for Mr. Bloom's contributions to the committee and the community and requested volunteers to help.

Matters relating to the removal of the Holly tree at the center of the walkway in Crescent Park. A motion was made by Ms. Stepien and seconded by Mr. Perkowski:

**MOTION 14- 35:** to approve the removal of the Holly Tree at a cost not to exceed \$325.00.

Motion Passed

Matters relating to the repair of the lifted sidewalks in Crescent Park; A motion was made by Ms. Stepien and seconded by Mr. Perkowski:

**MOTION 14- 36:** to approve the sidewalk repairs not to exceed \$2,160.00.

Motion Passed

**Communications Committee**, no report given. Ms. Stepien advised the Board that a Board liaison would need to be appointed to the Nominating Committee. Ms. Stepien of her willingness, a motion was made by Mr. Perkowski and seconded by Mr. Merrill:

**MOTION 14- 37:** to appoint Ms. Stepien as the Board liaison to the Nominating Committee.

Motion Passed

#### **New Business,**

Matters relating to proposed 2015 budget; After discussion regarding the reserves and the use of rollover surplus; A motion was made by Ms. Stepien and seconded by Mr. Perkowski:

**MOTION 14- 38:** to approve the 2015 budget and reserves with a semi- annual assessment of \$297.00 to the Cottages and \$331.00 to all other units. Motion Passed

The Board scheduled their next meeting for December 1, 2014 at 6:00 pm.

#### **Owner Comments,**

An owner advised of the upcoming rezoning meeting for the proposed build next to Rivendell.

An owner at 1211 Lost Creek Ct. requested clarification in regards to the next step to get his application approved by the ARC committee.

An owner asked about the current accounts receivable and commented on how great the Placid Lake renovation looked. They suggested the committee consider a similar design for the entrance.

An owner asks about the alley in the cottages and how they fund their repaving.

With no further business before the Board, a motion made by Ms. Stepien and seconded by Mr. Perkowski, the meeting adjourned at 6:33 P.M.

---

Shannon Banks, CAM  
Lighthouse Property Management

Dated: This 5th day of November, 2014.

**ATTACHMENT # 1**

**RIVENDELL COMMUNITY ASSOCIATION, INC.**  
*A Corporation Not-For-Profit*  
c/o LIGHTHOUSE PROPERTY MANAGEMENT, INC.  
16 Church Street  
Osprey, FL 34229  
941-966-6844 Phone 941-966-7158 Fax

Manager's Report

On Site/Maintenance-

- Weekly community visits
- Requested the repair to several sidewalk areas (ongoing)

Administrative-

- Forwarded financials to Board for review.
- Forwarded draft agenda to board for review.
- Forwarded draft minutes for review.
- Forwarded ARC requests to committee.
- Forwarded approved minutes to publishing in the newsletter.
- Send out email blast in regards to BOD meeting.
- Coordinating the Annual/ Budget meeting arrangements
- Prepared the draft 2015 budget for review
- Attended a budget workshop to confirm proposed budget for mailer

Correspondence-

- Letters sent to homeowners regarding submitted ARC forms.
- Letters sent to homeowners with compliance violations.
- Email Correspondences.
- Vendor increase notices sent for budget prep
- Request for all current contracts, Certificates of Ins and Policies sent to vendors.
- Budget mailer prepared and mailed 10/22/2014

Compliance-

- Compliance letters mailed to homeowners since last meeting.
- Letters mailed: 37

Shannon Banks, CAM  
Managing Agent



## COMMUNITY DIRECTORY UPDATE FORM

**REMINDER** - Be sure to fill out the community directory update form that you will find in this newsletter and send it to Lighthouse Management at 16 Church Street, Osprey Florida 34229.

The information you provide is used to update the master database maintained by Lighthouse Management of all Rivendell Residents. This information is used when Lighthouse needs to contact you. It is important that the information is current and accurate. The same form also tells us what information you would like to have published in the printed Rivendell Community Directory and on the website.

### Next Architectural Review Committee (ARC) Meeting

The ARC Meets the **last Tuesday** of each month at 6:00pm

Location: Cottages Clubhouse

Applications are due to Lighthouse Management by the **third Tuesday** of each month.

**Surrounded by friends.  
You can be one, too.**

**Adopt-A-Manatee Today**

 **Call 1-800-432-JOIN (5646)**  
**[www.savethemanatee.org](http://www.savethemanatee.org)**

Photo © David Schrichte

# COMMUNITY DIRECTORY UPDATE FORM

From: Lighthouse Property Management

To: Rivendell Owners

As a consequence of a change to the Florida statutes concerning published directories, the Association may publish a directory containing the names, parcel addresses, and phone numbers of the unit owners. No owner consent is necessary for this basic information. However, a unit owner has the right to notify the Association in writing that the owner does not want one or more phone numbers listed in the directory.

A unit owner may also choose to have additional personal information included in the directory, including a facsimile number, email address, and alternate address (any address other than the primary address for mailing of formal notices from the Association).

Please assist the Board in maintaining current information we have on file for you by taking just a moment to fill out the lower portion of this form, sign and return it to Lighthouse property Management via email (tinabeaver@mgmt.tv), fax (941) 966-7158 or mail it to our office.

If you have any questions please feel free to contact Tina Beaver at Lighthouse Property Management (941) 966-6844.

Thank You.

Owner(s) Name: \_\_\_\_\_

Home Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Alternate Address: \_\_\_\_\_ Mobile #: \_\_\_\_\_

\_\_\_\_\_ Facsimile #: \_\_\_\_\_

Email Address: \_\_\_\_\_

No, do not include my landline number in directory

No, do not include my mobile number in directory

No, do not include my Email address in directory

I hereby consent to publication of my phone number(s), facsimile number, email address, and/or alternate address as set forth above in the resident directory to be provided to all owners. The Association cannot control distribution of the directory once delivered to the owners and asks all owners to be courteous and not provide information from the directory to any third parties. This consent will remain in effect for all future directories while you are a unit owner or until you rescind this permission in writing. Any termination of permission will take effect with the next publication of the resident directory.

\_\_\_\_\_  
Owner signature

\_\_\_\_\_  
Date

## TEAM NORDSTROM

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## **RCA Committees 2015**

### **Communications**

**Board Liaison:** Bobby Merrill

**Chair:** Carol Heckert (carolheckert@verizon.net)

**Database Liaison:** Barb Gahry

**Block Captains:** Cindy Schmidl

**Newsletter:** Linda Pearlstein, Judy Sokal,  
Kay Mruz, Marilyn Probert, Pam Babbitt

**Reporters:** Ed Lin, Catherine Middleton,  
Norma Lee Rhines

**Reporter Representative:** Mike Bergman

**Webmaster:** Gary Mruz

### **Architectural Review (ARC)**

**Board Liaison:** Joe Sefack

**Chair:** Jessica Fenton (jessiqtpi@yahoo.com)

**Committee Members:** Jim Stepien,  
John Martin, Cindy Caria, Margaret Verhagen

### **Maintenance Committee (combining**

**Landscape/Environmental & Pool)**

**Board Liaison:** Walter Perkowski

**Chair:** Jim Stepien (jimstepien@gmail.com)

**Committee Members:** Dave Gill,  
Sallie Hawkins, Carol Heckert, Carole Myles,  
Curt Kennedy, Joe Lucente

### **Access the Rivendell website at:**

<http://www.rivendellcommunity.com>

The RESIDENTS section of the website is password protected. Please use the word osprey in lowercase when prompted to enter a password.

**Your input and feedback are always encouraged and welcomed.**

**Deadline:** Submit articles and information to Judy Sokal (judysokal@gmail.com) by the tenth of the month.

## **Sarasota County Sheriff**

**Non-emergency Contact number for our area is: 316-1201**

**Please use this number for non-emergencies**

## **Rivendell Board of Directors**

**Gwen Stepien, president**

([gweninthesun@msn.com](mailto:gweninthesun@msn.com))

**Vinny Barone, first vice-president**

([vabarone5@gmail.com](mailto:vabarone5@gmail.com))

**Joe Sefack, second vice-president**

([jr.sefack@gmail.com](mailto:jr.sefack@gmail.com))

Liaison to Architectural Review (ARC)

**Walter Perkowski, secretary**

([walter@SRQmoves.com](mailto:walter@SRQmoves.com))

Liaison to Maintenance

**Bobby Merrill, treasurer**

([bobbymerrill3@aol.com](mailto:bobbymerrill3@aol.com))

Liaison to Communications

## **Sub-Association Officers**

### **The Cottages Board of Directors**

RUINA = Rivendell Unit 1 Neighborhood Association

Ken Alarie, President

Steve Bragg, 1st Vice President

Bill Vanik, 2nd Vice President

Margery Arendt, Treasurer

Carol Costa, Secretary

### **Patio Homes Board of Directors**

Edward Diggs, President

Jayne Irene, Secretary

Bruce Whalen, Treasurer

### **The Villas Board of Directors**

Dianne Enger, President

Ruth Sellick, Vice-President

Fred Hawkins, Secretary-Treasurer

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## **Question? Complaint? Concern?**

**Lighthouse Property Management: 966-6844**

Property Manager: Shannon Banks,

[shannonbanks@mgmt.tv](mailto:shannonbanks@mgmt.tv)

Assistant: Tina Beaver, [tinabeaver@mgmt.tv](mailto:tinabeaver@mgmt.tv)



## LOOKING FOR RIVENDELL CLASSIFIEDS?

ITEMS FOR SALE, ITEMS WANTED,  
LOST AND FOUND, HELP WANTED,  
GARAGE SALES, RESIDENTS  
HELPING RESIDENTS, SERVICE  
PROVIDER RECOMMENDATIONS

All Rivendell Classifieds are now on  
the new community website

[www.rivendellcommunity.com](http://www.rivendellcommunity.com)  
(password is osprey)

For other information regarding the Rivendell classifieds  
please contact Gary Mruz [gary.mruz@gmail.com](mailto:gary.mruz@gmail.com)

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